

*Classes meet Monday through Thursday mornings from 8:15-12:45. "A" classes begin at 8:15 AM, "B" classes begin at 9:15 AM.
Printed 8/4/2015*

Week 1

Date	Day	Time	Order Num	Class Name	Instructor/s
8/3/2015	Mon	8:15am	01A	1a Orientation: The TLC Learning Environment	MD
8/3/2015	Mon	9:15am	01B	1b Orientation: People, Study Skills, and Quality of	CF, MR, JL
8/4/2015	Tue	8:15am	02A	2a Kinesiology: Names and Locations of Bones and	CF
8/4/2015	Tue	9:15am	02B	2b H&H: Tools of the Trade	CF, JL
8/5/2015	Wed	8:15am	03A	3a H&H: Self Care - Health, Wellness, Nutrition,	CF
8/5/2015	Wed	9:15am	03B	3b Swedish: Body Mechanics, Client Positioning,	CF, JL
8/6/2015	Thu	8:15am	04A	4a Swedish: Effects of Massage Therapy &	CF
8/6/2015	Thu	9:15am	04B	4b Swedish: Technique Demo and Practice -	CF, JL

Week 2

Date	Day	Time	Order Num	Class Name	Instructor/s
8/10/2015	Mon	8:15am	05A	5a A&P: Introduction to the Human Body - Cells	CF
8/10/2015	Mon	9:15am	05B	5b Kinesiology: AOIs - Posterior Upper Body	CF, MR
8/11/2015	Tue	8:15am	06A	6a A&P: Introduction to the Human Body - Tissues	CF
8/11/2015	Tue	9:15am	06B	6b Swedish: Technique Review and Practice -	CF, JL
8/12/2015	Wed	8:15am	07A	7a A&P: Introduction to the Human Body - Body	CF
8/12/2015	Wed	9:15am	07B	7b Swedish: Technique Demo and Practice -	CF, JL
8/13/2015	Thu	8:15am	08A	8a Written Exam Prep	CF
8/13/2015	Thu	9:15am	08B	8b Kinesiology: AOIs - Posterior Lower Body	CF, JL
8/14/2015	Fri	8:15 AM	08C	Make Up (1 hour)	KG
8/14/2015	Fri	9:15 AM	08D	Make Up (3.5 hour)	KG, CM

Week 3

Date	Day	Time	Order Num	Class Name	Instructor/s
8/17/2015	Mon	8:15am	09A	9a H&H: Therapeutic Relationships - Introduction,	CF
8/17/2015	Mon	9:15am	09B	9b Business: Introduction	DL
8/18/2015	Tue	8:15am	10A	10a Written Exam	CF
8/18/2015	Tue	9:15am	10B	10b Swedish: Technique Review and Practice -	CF, JL
8/19/2015	Wed	8:15am	11A	11a H&H: Infection Control	CF
8/19/2015	Wed	9:15am	11B	11b Swedish: Technique Demo and Practice -	CF, JL
8/20/2015	Thu	8:15am	12A	12a Kinesiology: Muscle Names and Locations -	CF
8/20/2015	Thu	9:15am	12B	12b Swedish: Technique Demo and Practice -	CF, JL

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Week 4

Date	Day	Time	Order Num	Class Name	Instructor/s
8/24/2015	Mon	8:15am	13A	13a A&P: Skeletal System - Cells, Tissues, and	CF
8/24/2015	Mon	9:15am	13B	13b Kinesiology: AOIs - Anterior Lower Body and	CF, MR
8/25/2015	Tue	8:15am	14A	14a A&P: Skeletal System - Appendicular and Axial	CF
8/25/2015	Tue	9:15am	14B	14b Swedish: Technique Review and Practice -	CF, JL
8/26/2015	Wed	8:15am	15A	15a A&P: Skeletal System - Bony Landmark	CF
8/26/2015	Wed	9:15am	15B	15b Swedish: Technique Demo and Practice -	CF, JL
8/27/2015	Thu	8:15am	16A	16a A&P: Skeletal System - Synovial Joints	CF
8/27/2015	Thu	9:15am	16B	16b Swedish: Technique Demo and Practice -	CF, JL

Week 5

Date	Day	Time	Order Num	Class Name	Instructor/s
8/31/2015	Mon	8:15am	17A	17a A&P: Skeletal System - Joint Actions and	CF
8/31/2015	Mon	9:15am	17B	17b Kinesiology: AOIs - Anterior Shoulder, Anterior	CF, MR
9/1/2015	Tue	8:15am	18A	18a Written Exam Prep	CF
9/1/2015	Tue	9:15am	18B	18b Swedish: Technique Review and Practice -	CF, JL
9/2/2015	Wed	8:15am	19A	19a Written Exam Prep	CF
9/2/2015	Wed	9:15am	19B	19b Swedish: Guided Full Body	CF, JL
9/3/2015	Thu	8:15am	20A	20a Treatment Planning: Intake, Assessment, and	CF, JL
9/3/2015	Thu	9:15am	20B	20b Swedish: Full Body Demo and Interviewing	CF, JL

Week 6

Date	Day	Time	Order Num	Class Name	Instructor/s
9/8/2015	Tue	8:15am	21A	21a Written Exam (2 hours)	CF
9/8/2015	Tue	9:15am	21B	21b H&H: Emergency Preparedness (2.5 hours)	
9/9/2015	Wed	8:15am	22A	22a H&H: Therapeutic Relationships - Conflict,	CF
9/9/2015	Wed	9:15am	22B	22b Swedish: Touch Assessment	CF, MR, JL
9/10/2015	Thu	8:15am	23A	23a Pathology: Medications	CF
9/10/2015	Thu	9:15am	23B	23b Swedish: Practical Exam	CF, MR, JL
9/11/2015	Fri	8:15 AM	23C	Make Up (1 hour)	KG
9/11/2015	Fri	9:15 AM	23D	Make Up (3.5 hour)	KG, CM

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Week 7

Date	Day	Time	Order Num	Class Name	Instructor/s
9/14/2015	Mon	8:15am	24A	24a A&P: Muscular System - Organization of	CF
9/14/2015	Mon	9:15am	24B	24b Hydrotherapy: Theory and Technique Demo	CF, MR
9/15/2015	Tue	8:15am	25A	25a A&P: Muscular System - Mechanism of	CF
9/15/2015	Tue	9:15am	25B	25b Hydrotherapy: Dry Brushing, Cold Water	CF, JL
9/16/2015	Wed	8:15am	26A	26a A&P: Muscular System - Fiber Types, Actions,	CF
9/16/2015	Wed	9:15am	26B	26b Hydrotherapy: Cold Water Treading, Facial,	CF, JL
9/17/2015	Thu	8:15am	27A	27a Pathology: Musculoskeletal System	CF
9/17/2015	Thu	9:15am	27B	27b Hydrotherapy: Heat, Cold, and Contrast	CF, JL

Week 8

Date	Day	Time	Order Num	Class Name	Instructor/s
9/21/2015	Mon	8:15am	28A	28a A&P: Integumentary System	CF
9/21/2015	Mon	9:15am	28B	28b Integration Massage: Swedish and	CF, MR
9/22/2015	Tue	8:15am	29A	29a Pathology: Integumentary System	CF
9/22/2015	Tue	9:15am	29B	29b Kinesiology: AOIs - Glenohumeral and	CF, JL
9/23/2015	Wed	8:15am	30A	30a Kinesiology: Synergists - Glenohumeral and	CF
9/23/2015	Wed	9:15am	30B	30b Passive Stretches: Technique Demo and	CF, JL
9/24/2015	Thu	8:15am	31A	31a Written Exam Prep	CF
9/24/2015	Thu	9:15am	31B	31b Passive Stretches: Technique Demo and	CF, JL

Week 9

Date	Day	Time	Order Num	Class Name	Instructor/s
9/28/2015	Mon	8:15am	32A	32a Written Exam Prep	CF
9/28/2015	Mon	9:15am	32B	32b Passive Stretches: Guided Full Body	CF, MR
9/29/2015	Tue	8:15am	33A	33a H&H: Communication Skills	CF
9/29/2015	Tue	9:15am	33B	33b Chair Massage: Technique Demo and Practice	MD, JL
9/30/2015	Wed	8:15am	34A	34a Written Exam (2.5 hours)	CF
9/30/2015	Wed	9:15am	34B	34b Chair Massage: Technique Review and Practice	JL
10/1/2015	Thu	8:15am	35A	35a A&P: Cardiovascular System - Blood Cells,	MR
10/1/2015	Thu	9:15am	35B	35b Integration Massage: Swedish and Passive	MR, JL

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Week 10

Date	Day	Time	Order Num	Class Name	Instructor/s
10/5/2015	Mon	8:15am	36A	36a A&P: Cardiovascular System - Blood Vessels	MR
10/5/2015	Mon	9:15am	36B	36b Business: Professional Ethics	DL
10/6/2015	Tue	8:15am	37A	37a Pathology: Circulatory System	MR
10/6/2015	Tue	9:15am	37B	37b Business: State Massage Law and Find a Job	DL
10/7/2015	Wed	8:15am	38A	38a A&P: Lymphatic System and Immunity	CF
10/7/2015	Wed	9:15am	38B	38b Body Mobilization Techniques: Technique	CF, JL
10/8/2015	Thu	8:15am	39A	39a Pathology: Lymph and Immune System	CF
10/8/2015	Thu	9:15am	39B	39b Body Mobilization Techniques: Technique	CF, JL

Week 11

Date	Day	Time	Order Num	Class Name	Instructor/s
10/12/2015	Mon	8:15am	40A	40a A&P: Reproductive System	CF
10/12/2015	Mon	9:15am	40B	40b Body Mobilization Techniques: Guided Full	CF, MR
10/13/2015	Tue	8:15am	41A	41a Pathology: Reproductive System	CF
10/13/2015	Tue	9:15am	41B	41b Business: Get a Job	DL
10/14/2015	Wed	8:15am	42A	42a Written Exam Prep	CF
10/14/2015	Wed	9:15am	42B	42b Kinesiology: AOIs - Coxal and Tibiofemoral	CF, JL
10/15/2015	Thu	8:15am	43A	43a Kinesiology: Synergists - Coxal and	CF
10/15/2015	Thu	9:15am	43B	43b Integration Massage: Swedish, Passive	CF, JL
10/16/2015	Fri	8:15 AM	43C	Make Up (1 hour)	KG
10/16/2015	Fri	9:15 AM	43D	Make Up (3.5 hour)	KG, CM

Week 12

Date	Day	Time	Order Num	Class Name	Instructor/s
10/19/2015	Mon	8:15am	44A	44a Written Exam Prep	CF
10/19/2015	Mon	9:15am	44B	44b Integration Massage: Practical Exam	CF, MR
10/20/2015	Tue	8:15am	45A	45a History of Massage: Prehistoric through	CF
10/20/2015	Tue	9:15am	45B	45b Business: Self-employment and Marketing	MLD
10/21/2015	Wed	8:15am	46A	46a Written Exam (3 hours)	CF
10/21/2015	Wed	9:15am	46B	46b Chair Massage: Technique Review and Practice	JL
10/22/2015	Thu	8:15am	47A	47a Pregnancy	CF
10/22/2015	Thu	9:15am	47B	47b Side-lying & Pregnancy Massage: Technique	CF, JL

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Week 13

Date	Day	Time	Order Num	Class Name	Instructor/s
10/26/2015	Mon	8:15am	48A	48a A&P: Nervous System - Introduction,	CF
10/26/2015	Mon	9:15am	48B	48b Side-lying and Pregnancy Massage: Technique	CF, MR
10/27/2015	Tue	8:15am	49A	49a A&P: Nervous System - Synaptic Transmission	CF
10/27/2015	Tue	9:15am	49B	49b Side-lying and Pregnancy Massage: Guided	CF, JL
10/28/2015	Wed	8:15am	50A	50a A&P: Nervous System - Peripheral Nervous	CF
10/28/2015	Wed	9:15am	50B	50b Business: Marketing and Website	MLD
10/29/2015	Thu	8:15am	51A	51a A&P: Nervous System - Autonomic Nervous	CF
10/29/2015	Thu	9:15am	51B	51b Kinesiology: AOIs - Elbow, Wrist, and Finger	CF, JL

Week 14

Date	Day	Time	Order Num	Class Name	Instructor/s
11/2/2015	Mon	8:15am	52A	52a Pathology: Nervous System	CF
11/2/2015	Mon	9:15am	52B	52b Integration Massage: Deep Swedish	CF, MR
11/3/2015	Tue	8:15am	53A	53a Deep Tissue: Introduction	CF
11/3/2015	Tue	9:15am	53B	53b Deep Tissue: Technique Demo and Practice -	CF, JL
11/4/2015	Wed	8:15am	54A	54a A&P: Endocrine System	CF
11/4/2015	Wed	9:15am	54B	54b Deep Tissue: Technique Demo and Practice -	CF, JL
11/5/2015	Thu	8:15am	55A	55a Pathology: Endocrine System	CF
11/5/2015	Thu	9:15am	55B	55b Deep Tissue: Technique Review and Practice -	CF, JL
11/6/2015	Fri	8:15 AM	55C	Make Up (1 hour)	KG
11/6/2015	Fri	9:15 AM	55D	Make Up (3.5 hour)	KG, CM

Week 15

Date	Day	Time	Order Num	Class Name	Instructor/s
11/9/2015	Mon	8:15am	56A	56a Internship Orientation	MD
11/9/2015	Mon	9:15am	56B	56b Mock Internship	MD
11/10/2015	Tue	8:15am	57A	57a Written Exam Prep	CF
11/10/2015	Tue	9:15am	57B	57b Deep Tissue: Technique Demo and Practice -	CF, JL
11/11/2015	Wed	8:15am	58A	58a Written Exam Prep	CF
11/11/2015	Wed	9:15am	58B	58b Deep Tissue: Technique Demo and Practice -	CF, JL
11/12/2015	Thu	8:15am	59A	59a A&P: Psychoneuroimmunology	CF
11/12/2015	Thu	9:15am	59B	59b Deep Tissue: Technique Demo and Practice -	CF

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Week 16

Date	Day	Time	Order Num	Class Name	Instructor/s
11/16/2015	Mon	8:15am	60A	60a Written Exam (3.5 hours)	CF
11/16/2015	Mon	9:15am	60B	60b Chair Massage: Technique Review and Practice	CF
11/17/2015	Tue	8:15am	61A	61a A&P: Respiratory System	CF
11/17/2015	Tue	9:15am	61B	61b Deep Tissue: Guided Full Body	CF, JL
11/18/2015	Wed	8:15am	62A	62a Pathology: Respiratory System	MR
11/18/2015	Wed	9:15am	62B	62b Deep Tissue: Touch Assessment	MR, JL
11/19/2015	Thu	8:15am	63A	63a A&P: Digestive System	MR
11/19/2015	Thu	9:15am	63B	63b Integration Massage: Swedish, Passive	MR, JL

Week 17

Date	Day	Time	Order Num	Class Name	Instructor/s
11/23/2015	Mon	8:15am	64A	64a Pathology: Digestive System	MR
11/23/2015	Mon	9:15am	64B	64b Business: Taxes and Bookkeeping	MLD
11/24/2015	Tue	8:15am	65A	65a A&P: Urinary System	MR
11/24/2015	Tue	9:15am	65B	65b Business: Meet Employers and Therapists	MLD

Week 18

Date	Day	Time	Order Num	Class Name	Instructor/s
11/30/2015	Mon	8:15am	66A	66a Pathology: Urinary System	CF
11/30/2015	Mon	9:15am	66B	66b Integration Massage: Side-lying & Pregnancy	CF, JL
12/1/2015	Tue	8:15am	67A	67a Written Exam Prep	CF
12/1/2015	Tue	9:15am	67B	67b Kinesiology: AOIs - Review	CF, JL
12/2/2015	Wed	8:15am	68A	68a Written Exam Prep	CF
12/2/2015	Wed	9:15am	68B	68b Integration Massage: Receiver's Choice	CF, JL
12/3/2015	Thu	8:15am	69A	69a History of Massage: Modalities	CF
12/3/2015	Thu	9:15am	69B	69b History of Massage: Bodywork Tree and Demo	CF
12/4/2015	Fri	8:15 AM	69C	Make Up (1 hour)	KG
12/4/2015	Fri	9:15 AM	69D	Make Up (3.5 hour)	KG, CM

Week 19

Date	Day	Time	Order Num	Class Name	Instructor/s
12/7/2015	Mon	8:15am	70A	70a Written Exam (4 hours)	CF
12/7/2015	Mon	9:15am	70B	70b Chair Massage: Technique Review and Practice	CF

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12/8/2015	Tue	8:15am	71A	71a Sports Massage: Theory	CF
12/8/2015	Tue	9:15am	71B	71b Sports Massage: Technique Demo and Practice	CF, JL
12/9/2015	Wed	8:15am	72A	72a Orthopedic Massage: Introduction	CF
12/9/2015	Wed	9:15am	72B	72b Orthopedic Massage: Techniques and Effects -	CF, JL
12/10/2015	Thu	8:15am	73A	73a Orthopedic Massage: Introduction - Piriformis	CF
12/10/2015	Thu	9:15am	73B	73b Orthopedic Massage:Technique Demo and	CF, JL

Week 20

Date	Day	Time	Order Num	Class Name	Instructor/s
12/14/2015	Mon	8:15am	74A	74a MBLEEx Prep	CF
12/14/2015	Mon	9:15am	74B	74b Orthopedic Massage: Technique Review and	CF, MR
12/15/2015	Tue	8:15am	75A	75a MBLEEx Prep	CF
12/15/2015	Tue	9:15am	75B	75b Orthopedic Massage: Practical Exam -	CF, JL
12/16/2015	Wed	8:15am	76A	76a Orthopedic Massage: Introduction - Low Back	CF
12/16/2015	Wed	9:15am	76B	76b Orthopedic Massage: Technique Demo and	CF, JL
12/17/2015	Thu	8:15am	77A	77a Special Populations: Introduction	CF
12/17/2015	Thu	9:15am	77B	77b Orthopedic Massage: Technique Review and	CF, JL

Week 21

Date	Day	Time	Order Num	Class Name	Instructor/s
12/21/2015	Mon	8:15am	78A	78a Special Populations: Psychiatric Disorders	DL
12/21/2015	Mon	9:15am	78B	78b Orthopedic Massage: Practical Exam - Low	CF, JL
12/22/2015	Tue	8:15am	79A	79a Orthopedic Massage: Introduction - Rotator	CF
12/22/2015	Tue	9:15am	79B	79b Orthopedic Massage: Technique Demo and	CF, JL
12/23/2015	Wed	8:15am	80A	80a MBLEEx Prep	CF
12/23/2015	Wed	9:15am	80B	80b Orthopedic Massage: Technique Review and	CF, JL

Week 23

Date	Day	Time	Order Num	Class Name	Instructor/s
1/4/2016	Mon	8:15am	81A	81a MBLEEx Prep	CF
1/4/2016	Mon	9:15am	81B	81b Orthopedic Massage: Practical Exam - Rotator	CF, JL
1/5/2016	Tue	8:15am	82A	82a Orthopedic Massage: Introduction - Thoracic	CF
1/5/2016	Tue	9:15am	82B	82b Orthopedic Massage: Technique Demo and	CF, JL
1/6/2016	Wed	8:15am	83A	83a Special Populations: HIV and AIDS	SS, JL
1/6/2016	Wed	9:15am	83B	83b Orthopedic Massage: Technique Review and	CF, JL
1/7/2016	Thu	8:15am	84A	84a MBLEEx Prep	CF

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1/7/2016	Thu	9:15am	84B	84b Orthopedic Massage: Practical Exam - Thoracic	CF, JL
1/8/2016	Fri	8:15 AM	84C	Make Up (1 hour)	KG
1/8/2016	Fri	9:15 AM	84D	Make Up (3.5 hour)	KG, CM

Week 24

Date	Day	Time	Order Num	Class Name	Instructor/s
1/11/2016	Mon	8:15am	85A	85a Orthopedic Massage: Introduction - Neck Pain	CF
1/11/2016	Mon	9:15am	85B	85b Orthopedic Massage: Technique Demo and	CF, JL
1/12/2016	Tue	8:15am	86A	86a MBLEEx Prep	CF
1/12/2016	Tue	9:15am	86B	86b Orthopedic Massage: Technique Review and	CF, JL
1/13/2016	Wed	8:15am	87A	87a MBLEEx Prep	CF
1/13/2016	Wed	9:15am	87B	87b Orthopedic Massage: Touch Assessment	CF, JL
1/14/2016	Thu	8:15am	88A	88a Deep Massage: History	DL
1/14/2016	Thu	9:15am	88B	88b Deep Massage: Introduction	DL, JL

Week 25

Date	Day	Time	Order Num	Class Name	Instructor/s
1/18/2016	Mon	8:15am	89A	89a Practice MBLEEx (2.5 hours)	CF
1/18/2016	Mon	9:15am	89B	89b Chair Massage: Technique Review and Practice	MR
1/19/2016	Tue	8:15am	90A	90a Kinesiology: Palpation - Posterior Back and	CF
1/19/2016	Tue	9:15am	90B	90b Deep Massage: Technique Demo and Practice	CF, JL
1/20/2016	Wed	8:15am	91A	91a Kinesiology: Palpation - Anterior and Posterior	CF
1/20/2016	Wed	9:15am	91B	91b Deep Massage: Technique Demo and Practice	CF, JL
1/21/2016	Thu	8:15am	92A	92a Deep Massage: Working at Interface & The	CF
1/21/2016	Thu	9:15am	92B	92b Deep Massage: Technique Review and Practice	CF, JL

Week 26

Date	Day	Time	Order Num	Class Name	Instructor/s
1/25/2016	Mon	8:15am	93A	93a Kinesiology: Palpation - Anterior Torso and	CF
1/25/2016	Mon	9:15am	93B	93b Deep Massage: Technique Demo and Practice	CF, JL
1/26/2016	Tue	8:15am	94A	94a Kinesiology: Palpation - Neck, Face, and Scalp	CF
1/26/2016	Tue	9:15am	94B	94b Deep Massage: Technique Demo and Practice	CF, JL
1/27/2016	Wed	8:15am	95A	95a Special Populations: Seniors	MLD
1/27/2016	Wed	9:15am	95B	95b Deep Massage: Technique Demo and Practice	CF, JL
1/28/2016	Thu	8:15am	96A	96a Special Populations: Hospice and End of Life	RK, JL
1/28/2016	Thu	9:15am	96B	96b Deep Massage: Guided Full Body	CF, JL

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Week 27

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2/1/2016	Mon	8:15am	97A	97a Special Populations: Cancer	KD
2/1/2016	Mon	9:15am	97B	97b Deep Massage: Touch Assessment	CF, MR, JL
2/2/2016	Tue	8:15am	98A	98a Practice MBLEx (2.5 hours)	CF
2/2/2016	Tue	9:15am	98B	98b Chair Massage: Technique Review and Practice	JL
2/3/2016	Wed	8:15am	99A	99a Completion	CF
2/3/2016	Wed	9:15am	99B	99b Integration Massage: Receiver's Choice	CF, MR, JL
2/5/2016	Fri	8:15 AM	99C	Make Up (1 hour)	KG
2/5/2016	Fri	9:15 AM	99D	Make Up (3.5 hour)	KG, CM