

*Classes meet Monday through Thursday mornings from 8:15 to 12:45. "A" classes begin at 8:15 AM, "B" classes begin at 9:15 AM.
Printed 10/9/2015*

Week 1

Date	Day	Time	Order Num	Class Name
11/10/2015	Tue	8:15am	01A	1a Orientation: The TLC Learning Environment
11/10/2015	Tue	9:15am	01B	1b Orientation: People, Study Skills, and Quality of
11/11/2015	Wed	8:15am	02A	2a Kinesiology: Names and Locations of Bones and
11/11/2015	Wed	9:15am	02B	2b H&H: Tools of the Trade
11/12/2015	Thu	8:15am	03A	3a H&H: Self Care - Health, Wellness, Nutrition,
11/12/2015	Thu	9:15am	03B	3b Swedish: Body Mechanics, Client Positioning,

Week 2

Date	Day	Time	Order Num	Class Name
11/16/2015	Mon	8:15am	04A	4a Swedish: Effects of Massage Therapy &
11/16/2015	Mon	9:15am	04B	4b Swedish: Technique Demo and Practice -
11/17/2015	Tue	8:15am	05A	5a A&P: Introduction to the Human Body - Cells
11/17/2015	Tue	9:15am	05B	5b Kinesiology: AOIs - Posterior Upper Body
11/18/2015	Wed	8:15am	06A	6a A&P: Introduction to the Human Body - Tissues
11/18/2015	Wed	9:15am	06B	6b Swedish: Technique Review and Practice -
11/19/2015	Thu	8:15am	07A	7a A&P: Introduction to the Human Body - Body
11/19/2015	Thu	9:15am	07B	7b Swedish: Technique Demo and Practice -

Week 3

Date	Day	Time	Order Num	Class Name
11/23/2015	Mon	8:15am	08A	8a Written Exam Prep
11/23/2015	Mon	9:15am	08B	8b Kinesiology: AOIs - Posterior Lower Body
11/24/2015	Tue	8:15am	09A	9a H&H: Therapeutic Relationships - Introduction,
11/24/2015	Tue	9:15am	09B	9b Business: Introduction

Week 4

Date	Day	Time	Order Num	Class Name
11/30/2015	Mon	8:15am	10A	10a Written Exam
11/30/2015	Mon	9:15am	10B	10b Swedish: Technique Review and Practice -
12/1/2015	Tue	8:15am	11A	11a H&H: Infection Control
12/1/2015	Tue	9:15am	11B	11b Swedish: Technique Demo and Practice -
12/2/2015	Wed	8:15am	12A	12a Kinesiology: Muscle Names and Locations -
12/2/2015	Wed	9:15am	12B	12b Swedish: Technique Demo and Practice -

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12/3/2015	Thu	8:15am	13A	13a A&P: Skeletal System - Cells, Tissues, and
12/3/2015	Thu	9:15am	13B	13b Kinesiology: AOIs - Anterior Lower Body and
12/4/2015	Fri	8:15 AM	13C	Make Up (1 hour)
12/4/2015	Fri	9:15 AM	13D	Make Up (3.5 hour)

Week 5

Date	Day	Time	Order Num	Class Name
12/7/2015	Mon	8:15am	14A	14a A&P: Skeletal System - Appendicular and Axial
12/7/2015	Mon	9:15am	14B	14b Swedish: Technique Review and Practice -
12/8/2015	Tue	8:15am	15A	15a A&P: Skeletal System - Bony Landmark
12/8/2015	Tue	9:15am	15B	15b Swedish: Technique Demo and Practice -
12/9/2015	Wed	8:15am	16A	16a A&P: Skeletal System - Synovial Joints
12/9/2015	Wed	9:15am	16B	16b Swedish: Technique Demo and Practice -
12/10/2015	Thu	8:15am	17A	17a A&P: Skeletal System - Joint Actions and
12/10/2015	Thu	9:15am	17B	17b Kinesiology: AOIs - Anterior Shoulder, Anterior

Week 6

Date	Day	Time	Order Num	Class Name
12/14/2015	Mon	8:15am	18A	18a Written Exam Prep
12/14/2015	Mon	9:15am	18B	18b Swedish: Technique Review and Practice -
12/15/2015	Tue	8:15am	19A	19a Written Exam Prep
12/15/2015	Tue	9:15am	19B	19b Swedish: Guided Full Body
12/16/2015	Wed	8:15am	20A	20a Treatment Planning: Intake, Assessment, and
12/16/2015	Wed	9:15am	20B	20b Swedish: Full Body Demo and Interviewing
12/17/2015	Thu	8:15am	21A	21a Written Exam (2 hours)
12/17/2015	Thu	9:15am	21B	21b H&H: Emergency Preparedness (2.5 hours)

Week 7

Date	Day	Time	Order Num	Class Name
12/21/2015	Mon	8:15am	22A	22a H&H: Therapeutic Relationships - Conflict,
12/21/2015	Mon	9:15am	22B	22b Swedish: Touch Assessment
12/22/2015	Tue	8:15am	23A	23a Pathology: Medications
12/22/2015	Tue	9:15am	23B	23b Swedish: Practical Exam
12/23/2015	Wed	8:15am	24A	24a A&P: Muscular System - Organization of
12/23/2015	Wed	9:15am	24B	24b Hydrotherapy: Theory and Technique Demo

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Week 9

Date	Day	Time	Order Num	Class Name
1/4/2016	Mon	8:15am	25A	25a A&P: Muscular System - Mechanism of
1/4/2016	Mon	9:15am	25B	25b Hydrotherapy: Dry Brushing, Cold Water
1/5/2016	Tue	8:15am	26A	26a A&P: Muscular System - Fiber Types, Actions,
1/5/2016	Tue	9:15am	26B	26b Hydrotherapy: Cold Water Treading, Facial,
1/6/2016	Wed	8:15am	27A	27a Pathology: Musculoskeletal System
1/6/2016	Wed	9:15am	27B	27b Hydrotherapy: Heat, Cold, and Contrast
1/7/2016	Thu	8:15am	28A	28a A&P: Integumentary System
1/7/2016	Thu	9:15am	28B	28b Integration Massage: Swedish and

Week 10

Date	Day	Time	Order Num	Class Name
1/11/2016	Mon	8:15am	29A	29a Pathology: Integumentary System
1/11/2016	Mon	9:15am	29B	29b Kinesiology: AOIs - Glenohumeral and
1/12/2016	Tue	8:15am	30A	30a Kinesiology: Synergists - Glenohumeral and
1/12/2016	Tue	9:15am	30B	30b Passive Stretches: Technique Demo and
1/13/2016	Wed	8:15am	31A	31a Written Exam Prep
1/13/2016	Wed	9:15am	31B	31b Passive Stretches: Technique Demo and
1/14/2016	Thu	8:15am	32A	32a Written Exam Prep
1/14/2016	Thu	9:15am	32B	32b Passive Stretches: Guided Full Body

Week 11

Date	Day	Time	Order Num	Class Name
1/18/2016	Mon	8:15am	33A	33a H&H: Communication Skills
1/18/2016	Mon	9:15am	33B	33b Chair Massage: Technique Demo and Practice
1/19/2016	Tue	8:15am	34A	34a Written Exam (2.5 hours)
1/19/2016	Tue	9:15am	34B	34b Chair Massage: Technique Review and Practice
1/20/2016	Wed	8:15am	35A	35a A&P: Cardiovascular System - Blood Cells,
1/20/2016	Wed	9:15am	35B	35b Integration Massage: Swedish and Passive
1/21/2016	Thu	8:15am	36A	36a A&P: Cardiovascular System - Blood Vessels
1/21/2016	Thu	9:15am	36B	36b Business: Professional Ethics

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Week 12

Date	Day	Time	Order Num	Class Name
1/25/2016	Mon	8:15am	37A	37a Pathology: Circulatory System
1/25/2016	Mon	9:15am	37B	37b Business: State Massage Law and Find a Job
1/26/2016	Tue	8:15am	38A	38a A&P: Lymphatic System and Immunity
1/26/2016	Tue	9:15am	38B	38b Body Mobilization Techniques: Technique
1/27/2016	Wed	8:15am	39A	39a Pathology: Lymph and Immune System
1/27/2016	Wed	9:15am	39B	39b Body Mobilization Techniques: Technique
1/28/2016	Thu	8:15am	40A	40a A&P: Reproductive System
1/28/2016	Thu	9:15am	40B	40b Body Mobilization Techniques: Guided Full

Week 13

Date	Day	Time	Order Num	Class Name
2/1/2016	Mon	8:15am	41A	41a Pathology: Reproductive System
2/1/2016	Mon	9:15am	41B	41b Business: Get a Job
2/2/2016	Tue	8:15am	42A	42a Written Exam Prep
2/2/2016	Tue	9:15am	42B	42b Kinesiology: AOIs - Coxal and Tibiofemoral
2/3/2016	Wed	8:15am	43A	43a Kinesiology: Synergists - Coxal and
2/3/2016	Wed	9:15am	43B	43b Integration Massage: Swedish, Passive
2/4/2016	Thu	8:15am	44A	44a Written Exam Prep
2/4/2016	Thu	9:15am	44B	44b Integration Massage: Practical Exam

Week 14

Date	Day	Time	Order Num	Class Name
2/8/2016	Mon	8:15am	45A	45a History of Massage: Prehistoric through
2/8/2016	Mon	9:15am	45B	45b Business: Self-employment and Marketing
2/9/2016	Tue	8:15am	46A	46a Written Exam (3 hours)
2/9/2016	Tue	9:15am	46B	46b Chair Massage: Technique Review and Practice
2/10/2016	Wed	8:15am	47A	47a Pregnancy
2/10/2016	Wed	9:15am	47B	47b Side-lying & Pregnancy Massage: Technique
2/11/2016	Thu	8:15am	48A	48a A&P: Nervous System - Introduction,
2/11/2016	Thu	9:15am	48B	48b Side-lying and Pregnancy Massage: Technique

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Week 15

Date	Day	Time	Order Num	Class Name
2/15/2016	Mon	8:15am	49A	49a A&P: Nervous System - Synaptic Transmission
2/15/2016	Mon	9:15am	49B	49b Side-lying and Pregnancy Massage: Guided
2/16/2016	Tue	8:15am	50A	50a A&P: Nervous System - Peripheral Nervous
2/16/2016	Tue	9:15am	50B	50b Business: Marketing and Website
2/17/2016	Wed	8:15am	51A	51a A&P: Nervous System - Autonomic Nervous
2/17/2016	Wed	9:15am	51B	51b Kinesiology: AOIs - Elbow, Wrist, and Finger
2/18/2016	Thu	8:15am	52A	52a Pathology: Nervous System
2/18/2016	Thu	9:15am	52B	52b Integration Massage: Deep Swedish

Week 16

Date	Day	Time	Order Num	Class Name
2/22/2016	Mon	8:15am	53A	53a Deep Tissue: Introduction
2/22/2016	Mon	9:15am	53B	53b Deep Tissue: Technique Demo and Practice -
2/23/2016	Tue	8:15am	54A	54a A&P: Endocrine System
2/23/2016	Tue	9:15am	54B	54b Deep Tissue: Technique Demo and Practice -
2/24/2016	Wed	8:15am	55A	55a Pathology: Endocrine System
2/24/2016	Wed	9:15am	55B	55b Deep Tissue: Technique Review and Practice -
2/25/2016	Thu	8:15am	56A	56a Internship Orientation
2/25/2016	Thu	9:15am	56B	56b Mock Internship

Week 17

Date	Day	Time	Order Num	Class Name
2/29/2016	Mon	8:15am	57A	57a Written Exam Prep
2/29/2016	Mon	9:15am	57B	57b Deep Tissue: Technique Demo and Practice -
3/1/2016	Tue	8:15am	58A	58a Written Exam Prep
3/1/2016	Tue	9:15am	58B	58b Deep Tissue: Technique Demo and Practice -
3/2/2016	Wed	8:15am	59A	59a A&P: Psychoneuroimmunology
3/2/2016	Wed	9:15am	59B	59b Deep Tissue: Technique Demo and Practice -
3/3/2016	Thu	8:15am	60A	60a Written Exam (3.5 hours)
3/3/2016	Thu	9:15am	60B	60b Chair Massage: Technique Review and Practice

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Week 18

Date	Day	Time	Order Num	Class Name
3/7/2016	Mon	8:15am	61A	61a A&P: Respiratory System
3/7/2016	Mon	9:15am	61B	61b Deep Tissue: Guided Full Body
3/8/2016	Tue	8:15am	62A	62a Pathology: Respiratory System
3/8/2016	Tue	9:15am	62B	62b Deep Tissue: Touch Assessment
3/9/2016	Wed	8:15am	63A	63a A&P: Digestive System
3/9/2016	Wed	9:15am	63B	63b Integration Massage: Swedish, Passive
3/10/2016	Thu	8:15am	64A	64a Pathology: Digestive System
3/10/2016	Thu	9:15am	64B	64b Business: Taxes and Bookkeeping

Week 19

Date	Day	Time	Order Num	Class Name
3/14/2016	Mon	8:15am	65A	65a A&P: Urinary System
3/14/2016	Mon	9:15am	65B	65b Business: Meet Employers and Therapists
3/15/2016	Tue	8:15am	66A	66a Pathology: Urinary System
3/15/2016	Tue	9:15am	66B	66b Integration Massage: Side-lying & Pregnancy
3/16/2016	Wed	8:15am	67A	67a Written Exam Prep
3/16/2016	Wed	9:15am	67B	67b Kinesiology: AOIs - Review
3/17/2016	Thu	8:15am	68A	68a Written Exam Prep
3/17/2016	Thu	9:15am	68B	68b Integration Massage: Receiver's Choice

Week 20

Date	Day	Time	Order Num	Class Name
3/21/2016	Mon	8:15am	69A	69a History of Massage: Modalities
3/21/2016	Mon	9:15am	69B	69b History of Massage: Bodywork Tree and Demo
3/22/2016	Tue	8:15am	70A	70a Written Exam (4 hours)
3/22/2016	Tue	9:15am	70B	70b Chair Massage: Technique Review and Practice
3/23/2016	Wed	8:15am	71A	71a Sports Massage: Theory
3/23/2016	Wed	9:15am	71B	71b Sports Massage: Technique Demo and Practice
3/24/2016	Thu	8:15am	72A	72a Orthopedic Massage: Introduction
3/24/2016	Thu	9:15am	72B	72b Orthopedic Massage: Techniques and Effects -

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Week 21

Date	Day	Time	Order Num	Class Name
3/28/2016	Mon	8:15am	73A	73a Orthopedic Massage: Introduction - Piriformis
3/28/2016	Mon	9:15am	73B	73b Orthopedic Massage: Technique Demo and
3/29/2016	Tue	8:15am	74A	74a MBLEEx Prep
3/29/2016	Tue	9:15am	74B	74b Orthopedic Massage: Technique Review and
3/30/2016	Wed	8:15am	75A	75a MBLEEx Prep
3/30/2016	Wed	9:15am	75B	75b Orthopedic Massage: Practical Exam -
3/31/2016	Thu	8:15am	76A	76a Orthopedic Massage: Introduction - Low Back
3/31/2016	Thu	9:15am	76B	76b Orthopedic Massage: Technique Demo and

Week 22

Date	Day	Time	Order Num	Class Name
4/4/2016	Mon	8:15am	77A	77a Special Populations: Introduction
4/4/2016	Mon	9:15am	77B	77b Orthopedic Massage: Technique Review and
4/5/2016	Tue	8:15am	78A	78a Special Populations: Psychiatric Disorders
4/5/2016	Tue	9:15am	78B	78b Orthopedic Massage: Practical Exam - Low
4/6/2016	Wed	8:15am	79A	79a Orthopedic Massage: Introduction - Rotator
4/6/2016	Wed	9:15am	79B	79b Orthopedic Massage: Technique Demo and
4/7/2016	Thu	8:15am	80A	80a MBLEEx Prep
4/7/2016	Thu	9:15am	80B	80b Orthopedic Massage: Technique Review and

Week 23

Date	Day	Time	Order Num	Class Name
4/11/2016	Mon	8:15am	81A	81a MBLEEx Prep
4/11/2016	Mon	9:15am	81B	81b Orthopedic Massage: Practical Exam - Rotator
4/12/2016	Tue	8:15am	82A	82a Orthopedic Massage: Introduction - Thoracic
4/12/2016	Tue	9:15am	82B	82b Orthopedic Massage: Technique Demo and
4/13/2016	Wed	8:15am	83A	83a Special Populations: HIV and AIDS
4/13/2016	Wed	9:15am	83B	83b Orthopedic Massage: Technique Review and
4/14/2016	Thu	8:15am	84A	84a MBLEEx Prep
4/14/2016	Thu	9:15am	84B	84b Orthopedic Massage: Practical Exam - Thoracic

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Week 24

Date	Day	Time	Order Num	Class Name
4/18/2016	Mon	8:15am	85A	85a Orthopedic Massage: Introduction - Neck Pain
4/18/2016	Mon	9:15am	85B	85b Orthopedic Massage: Technique Demo and
4/19/2016	Tue	8:15am	86A	86a MBLEEx Prep
4/19/2016	Tue	9:15am	86B	86b Orthopedic Massage: Technique Review and
4/20/2016	Wed	8:15am	87A	87a MBLEEx Prep
4/20/2016	Wed	9:15am	87B	87b Orthopedic Massage: Touch Assessment
4/21/2016	Thu	8:15am	88A	88a Deep Massage: History
4/21/2016	Thu	9:15am	88B	88b Deep Massage: Introduction

Week 25

Date	Day	Time	Order Num	Class Name
4/25/2016	Mon	8:15am	89A	89a Practice MBLEEx (2.5 hours)
4/25/2016	Mon	9:15am	89B	89b Chair Massage: Technique Review and Practice
4/26/2016	Tue	8:15am	90A	90a Kinesiology: Palpation - Posterior Back and
4/26/2016	Tue	9:15am	90B	90b Deep Massage: Technique Demo and Practice
4/27/2016	Wed	8:15am	91A	91a Kinesiology: Palpation - Anterior and Posterior
4/27/2016	Wed	9:15am	91B	91b Deep Massage: Technique Demo and Practice
4/28/2016	Thu	8:15am	92A	92a Deep Massage: Working at Interface & The
4/28/2016	Thu	9:15am	92B	92b Deep Massage: Technique Review and Practice

Week 26

Date	Day	Time	Order Num	Class Name
5/2/2016	Mon	8:15am	93A	93a Kinesiology: Palpation - Anterior Torso and
5/2/2016	Mon	9:15am	93B	93b Deep Massage: Technique Demo and Practice
5/3/2016	Tue	8:15am	94A	94a Kinesiology: Palpation - Neck, Face, and Scalp
5/3/2016	Tue	9:15am	94B	94b Deep Massage: Technique Demo and Practice
5/4/2016	Wed	8:15am	95A	95a Special Populations: Seniors
5/4/2016	Wed	9:15am	95B	95b Deep Massage: Technique Demo and Practice
5/5/2016	Thu	8:15am	96A	96a Special Populations: Hospice and End of Life
5/5/2016	Thu	9:15am	96B	96b Deep Massage: Guided Full Body

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Week 27

Date	Day	Time	Order Num	Class Name
5/9/2016	Mon	8:15am	97A	97a Special Populations: Cancer
5/9/2016	Mon	9:15am	97B	97b Deep Massage: Touch Assessment
5/10/2016	Tue	8:15am	98A	98a Practice MBLEx (2.5 hours)
5/10/2016	Tue	9:15am	98B	98b Chair Massage: Technique Review and Practice
5/11/2016	Wed	8:15am	99A	99a Completion
5/11/2016	Wed	9:15am	99B	99b Integration Massage: Receiver's Choice