

*Classes meet Monday through Thursday Evenings from 6-10:30. "A" classes begin at 6 PM, "B" classes begin at 7 PM.
Printed 9/16/2015*

Week 1

Date	Day	Time	Order Num	Class Name
10/15/2015	Thu	6:00 PM	01A	1a Orientation: The TLC Learning Environment
10/15/2015	Thu	7:00 PM	01B	1b Orientation: People, Study Skills, and Quality of

Week 2

Date	Day	Time	Order Num	Class Name
10/19/2015	Mon	6:00 PM	02A	2a Kinesiology: Names and Locations of Bones and
10/19/2015	Mon	7:00 PM	02B	2b H&H: Tools of the Trade
10/20/2015	Tue	6:00 PM	03A	3a H&H: Self Care - Health, Wellness, Nutrition,
10/20/2015	Tue	7:00 PM	03B	3b Swedish: Body Mechanics, Client Positioning,
10/21/2015	Wed	6:00 PM	04A	4a Swedish: Effects of Massage Therapy &
10/21/2015	Wed	7:00 PM	04B	4b Swedish: Technique Demo and Practice -
10/22/2015	Thu	6:00 PM	05A	5a A&P: Introduction to the Human Body - Cells
10/22/2015	Thu	7:00 PM	05B	5b Kinesiology: AOIs - Posterior Upper Body
10/23/2015	Fri	6:00 PM	05C	Make Up (1 hour)
10/23/2015	Fri	7:00 PM	05D	Make Up (3.5 hour)

Week 3

Date	Day	Time	Order Num	Class Name
10/26/2015	Mon	6:00 PM	06A	6a A&P: Introduction to the Human Body - Tissues
10/26/2015	Mon	7:00 PM	06B	6b Swedish: Technique Review and Practice -
10/27/2015	Tue	6:00 PM	07A	7a A&P: Introduction to the Human Body - Body
10/27/2015	Tue	7:00 PM	07B	7b Swedish: Technique Demo and Practice -
10/28/2015	Wed	6:00 PM	08A	8a Written Exam Prep
10/28/2015	Wed	7:00 PM	08B	8b Kinesiology: AOIs - Posterior Lower Body
10/29/2015	Thu	6:00 PM	09A	9a H&H: Therapeutic Relationships - Introduction,
10/29/2015	Thu	7:00 PM	09B	9b Business: Introduction

Week 4

Date	Day	Time	Order Num	Class Name
11/2/2015	Mon	6:00 PM	10A	10a Written Exam
11/2/2015	Mon	7:00 PM	10B	10b Swedish: Technique Review and Practice -
11/3/2015	Tue	6:00 PM	11A	11a H&H: Infection Control
11/3/2015	Tue	7:00 PM	11B	11b Swedish: Technique Demo and Practice -

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11/4/2015	Wed	6:00 PM	12A	12a Kinesiology: Muscle Names and Locations -
11/4/2015	Wed	7:00 PM	12B	12b Swedish: Technique Demo and Practice -
11/5/2015	Thu	6:00 PM	13A	13a A&P: Skeletal System - Cells, Tissues, and
11/5/2015	Thu	7:00 PM	13B	13b Kinesiology: AOIs - Anterior Lower Body and

Week 5

Date	Day	Time	Order Num	Class Name
11/9/2015	Mon	6:00 PM	14A	14a A&P: Skeletal System - Appendicular and Axial
11/9/2015	Mon	7:00 PM	14B	14b Swedish: Technique Review and Practice -
11/10/2015	Tue	6:00 PM	15A	15a A&P: Skeletal System - Bony Landmark
11/10/2015	Tue	7:00 PM	15B	15b Swedish: Technique Demo and Practice -
11/11/2015	Wed	6:00 PM	16A	16a A&P: Skeletal System - Synovial Joints
11/11/2015	Wed	7:00 PM	16B	16b Swedish: Technique Demo and Practice -
11/12/2015	Thu	6:00 PM	17A	17a A&P: Skeletal System - Joint Actions and
11/12/2015	Thu	7:00 PM	17B	17b Kinesiology: AOIs - Anterior Shoulder, Anterior

Week 6

Date	Day	Time	Order Num	Class Name
11/16/2015	Mon	6:00 PM	18A	18a Written Exam Prep
11/16/2015	Mon	7:00 PM	18B	18b Swedish: Technique Review and Practice -
11/17/2015	Tue	6:00 PM	19A	19a Written Exam Prep
11/17/2015	Tue	7:00 PM	19B	19b Swedish: Guided Full Body
11/18/2015	Wed	6:00 PM	20A	20a Treatment Planning: Intake, Assessment, and
11/18/2015	Wed	7:00 PM	20B	20b Swedish: Full Body Demo and Interviewing
11/19/2015	Thu	6:00 PM	21A	21a Written Exam (2 hours)
11/19/2015	Thu	7:00 PM	21B	21b H&H: Emergency Preparedness (2.5 hours)
11/20/2015	Fri	6:00 PM	21C	Make Up (1 hour)
11/20/2015	Fri	7:00 PM	21D	Make Up (3.5 hour)

Week 7

Date	Day	Time	Order Num	Class Name
11/23/2015	Mon	6:00 PM	22A	22a H&H: Therapeutic Relationships - Conflict,
11/23/2015	Mon	7:00 PM	22B	22b Swedish: Touch Assessment
11/24/2015	Tue	6:00 PM	23A	23a Pathology: Medications
11/24/2015	Tue	7:00 PM	23B	23b Swedish: Practical Exam

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Week 8

Date	Day	Time	Order Num	Class Name
11/30/2015	Mon	6:00 PM	24A	24a A&P: Muscular System - Organization of
11/30/2015	Mon	7:00 PM	24B	24b Hydrotherapy: Theory and Technique Demo
12/1/2015	Tue	6:00 PM	25A	25a A&P: Muscular System - Mechanism of
12/1/2015	Tue	7:00 PM	25B	25b Hydrotherapy: Dry Brushing, Cold Water
12/2/2015	Wed	6:00 PM	26A	26a A&P: Muscular System - Fiber Types, Actions,
12/2/2015	Wed	7:00 PM	26B	26b Hydrotherapy: Cold Water Treading, Facial,
12/3/2015	Thu	6:00 PM	27A	27a Pathology: Musculoskeletal System
12/3/2015	Thu	7:00 PM	27B	27b Hydrotherapy: Heat, Cold, and Contrast

Week 9

Date	Day	Time	Order Num	Class Name
12/7/2015	Mon	6:00 PM	28A	28a A&P: Integumentary System
12/7/2015	Mon	7:00 PM	28B	28b Integration Massage: Swedish and
12/8/2015	Tue	6:00 PM	29A	29a Pathology: Integumentary System
12/8/2015	Tue	7:00 PM	29B	29b Kinesiology: AOIs - Glenohumeral and
12/9/2015	Wed	6:00 PM	30A	30a Kinesiology: Synergists - Glenohumeral and
12/9/2015	Wed	7:00 PM	30B	30b Passive Stretches: Technique Demo and
12/10/2015	Thu	6:00 PM	31A	31a Written Exam Prep
12/10/2015	Thu	7:00 PM	31B	31b Passive Stretches: Technique Demo and

Week 10

Date	Day	Time	Order Num	Class Name
12/14/2015	Mon	6:00 PM	32A	32a Written Exam Prep
12/14/2015	Mon	7:00 PM	32B	32b Passive Stretches: Guided Full Body
12/15/2015	Tue	6:00 PM	33A	33a H&H: Communication Skills
12/15/2015	Tue	7:00 PM	33B	33b Chair Massage: Technique Demo and Practice
12/16/2015	Wed	6:00 PM	34A	34a Written Exam (2.5 hours)
12/16/2015	Wed	7:00 PM	34B	34b Chair Massage: Technique Review and Practice
12/17/2015	Thu	6:00 PM	35A	35a A&P: Cardiovascular System - Blood Cells,
12/17/2015	Thu	7:00 PM	35B	35b Integration Massage: Swedish and Passive
12/18/2015	Fri	6:00 PM	35C	Make Up (1 hour)
12/18/2015	Fri	7:00 PM	35D	Make Up (3.5 hour)

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Week 11

Date	Day	Time	Order Num	Class Name
12/21/2015	Mon	6:00 PM	36A	36a A&P: Cardiovascular System - Blood Vessels
12/21/2015	Mon	7:00 PM	36B	36b Business: Professional Ethics
12/22/2015	Tue	6:00 PM	37A	37a Pathology: Circulatory System
12/22/2015	Tue	7:00 PM	37B	37b Business: State Massage Law and Find a Job
12/23/2015	Wed	6:00 PM	38A	38a A&P: Lymphatic System and Immunity
12/23/2015	Wed	7:00 PM	38B	38b Body Mobilization Techniques: Technique

Week 13

Date	Day	Time	Order Num	Class Name
1/4/2016	Mon	6:00 PM	39A	39a Pathology: Lymph and Immune System
1/4/2016	Mon	7:00 PM	39B	39b Body Mobilization Techniques: Technique
1/5/2016	Tue	6:00 PM	40A	40a A&P: Reproductive System
1/5/2016	Tue	7:00 PM	40B	40b Body Mobilization Techniques: Guided Full
1/6/2016	Wed	6:00 PM	41A	41a Pathology: Reproductive System
1/6/2016	Wed	7:00 PM	41B	41b Business: Get a Job
1/7/2016	Thu	6:00 PM	42A	42a Written Exam Prep
1/7/2016	Thu	7:00 PM	42B	42b Kinesiology: AOIs - Coxal and Tibiofemoral

Week 14

Date	Day	Time	Order Num	Class Name
1/11/2016	Mon	6:00 PM	43A	43a Kinesiology: Synergists - Coxal and
1/11/2016	Mon	7:00 PM	43B	43b Integration Massage: Swedish, Passive
1/12/2016	Tue	6:00 PM	44A	44a Written Exam Prep
1/12/2016	Tue	7:00 PM	44B	44b Integration Massage: Practical Exam
1/13/2016	Wed	6:00 PM	45A	45a History of Massage: Prehistoric through
1/13/2016	Wed	7:00 PM	45B	45b Business: Self-employment and Marketing
1/14/2016	Thu	6:00 PM	46A	46a Written Exam (3 hours)
1/14/2016	Thu	7:00 PM	46B	46b Chair Massage: Technique Review and Practice

Week 15

Date	Day	Time	Order Num	Class Name
1/18/2016	Mon	6:00 PM	47A	47a Pregnancy
1/18/2016	Mon	7:00 PM	47B	47b Side-lying & Pregnancy Massage: Technique

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1/19/2016	Tue	6:00 PM	48A	48a A&P: Nervous System - Introduction,
1/19/2016	Tue	7:00 PM	48B	48b Side-lying and Pregnancy Massage: Technique
1/20/2016	Wed	6:00 PM	49A	49a A&P: Nervous System - Synaptic Transmission
1/20/2016	Wed	7:00 PM	49B	49b Side-lying and Pregnancy Massage: Guided
1/21/2016	Thu	6:00 PM	50A	50a A&P: Nervous System - Peripheral Nervous
1/21/2016	Thu	7:00 PM	50B	50b Business: Marketing and Website

Week 16

Date	Day	Time	Order Num	Class Name
1/25/2016	Mon	6:00 PM	51A	51a A&P: Nervous System - Autonomic Nervous
1/25/2016	Mon	7:00 PM	51B	51b Kinesiology: AOIs - Elbow, Wrist, and Finger
1/26/2016	Tue	6:00 PM	52A	52a Pathology: Nervous System
1/26/2016	Tue	7:00 PM	52B	52b Integration Massage: Deep Swedish
1/27/2016	Wed	6:00 PM	53A	53a Deep Tissue: Introduction
1/27/2016	Wed	7:00 PM	53B	53b Deep Tissue: Technique Demo and Practice -
1/28/2016	Thu	6:00 PM	54A	54a A&P: Endocrine System
1/28/2016	Thu	7:00 PM	54B	54b Deep Tissue: Technique Demo and Practice -

Week 17

Date	Day	Time	Order Num	Class Name
2/1/2016	Mon	6:00 PM	55A	55a Pathology: Endocrine System
2/1/2016	Mon	7:00 PM	55B	55b Deep Tissue: Technique Review and Practice -
2/2/2016	Tue	6:00 PM	56A	56a Internship Orientation
2/2/2016	Tue	7:00 PM	56B	56b Mock Internship
2/3/2016	Wed	6:00 PM	57A	57a Written Exam Prep
2/3/2016	Wed	7:00 PM	57B	57b Deep Tissue: Technique Demo and Practice -
2/4/2016	Thu	6:00 PM	58A	58a Written Exam Prep
2/4/2016	Thu	7:00 PM	58B	58b Deep Tissue: Technique Demo and Practice -

Week 18

Date	Day	Time	Order Num	Class Name
2/8/2016	Mon	6:00 PM	59A	59a A&P: Psychoneuroimmunology
2/8/2016	Mon	7:00 PM	59B	59b Deep Tissue: Technique Demo and Practice -
2/9/2016	Tue	6:00 PM	60A	60a Written Exam (3.5 hours)
2/9/2016	Tue	7:00 PM	60B	60b Chair Massage: Technique Review and Practice
2/10/2016	Wed	6:00 PM	61A	61a A&P: Respiratory System

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2/10/2016	Wed	7:00 PM	61B	61b Deep Tissue: Guided Full Body
2/11/2016	Thu	6:00 PM	62A	62a Pathology: Respiratory System
2/11/2016	Thu	7:00 PM	62B	62b Deep Tissue: Touch Assessment

Week 19

Date	Day	Time	Order Num	Class Name
2/15/2016	Mon	6:00 PM	63A	63a A&P: Digestive System
2/15/2016	Mon	7:00 PM	63B	63b Integration Massage: Swedish, Passive
2/16/2016	Tue	6:00 PM	64A	64a Pathology: Digestive System
2/16/2016	Tue	7:00 PM	64B	64b Business: Taxes and Bookkeeping
2/17/2016	Wed	6:00 PM	65A	65a A&P: Urinary System
2/17/2016	Wed	7:00 PM	65B	65b Business: Meet Employers and Therapists
2/18/2016	Thu	6:00 PM	66A	66a Pathology: Urinary System
2/18/2016	Thu	7:00 PM	66B	66b Integration Massage: Side-lying & Pregnancy

Week 20

Date	Day	Time	Order Num	Class Name
2/22/2016	Mon	6:00 PM	67A	67a Written Exam Prep
2/22/2016	Mon	7:00 PM	67B	67b Kinesiology: AOIs - Review
2/23/2016	Tue	6:00 PM	68A	68a Written Exam Prep
2/23/2016	Tue	7:00 PM	68B	68b Integration Massage: Receiver's Choice
2/24/2016	Wed	6:00 PM	69A	69a History of Massage: Modalities
2/24/2016	Wed	7:00 PM	69B	69b History of Massage: Bodywork Tree and Demo
2/25/2016	Thu	6:00 PM	70A	70a Written Exam (4 hours)
2/25/2016	Thu	7:00 PM	70B	70b Chair Massage: Technique Review and Practice

Week 21

Date	Day	Time	Order Num	Class Name
2/29/2016	Mon	6:00 PM	71A	71a Sports Massage: Theory
2/29/2016	Mon	7:00 PM	71B	71b Sports Massage: Technique Demo and Practice
3/1/2016	Tue	6:00 PM	72A	72a Orthopedic Massage: Introduction
3/1/2016	Tue	7:00 PM	72B	72b Orthopedic Massage: Techniques and Effects -
3/2/2016	Wed	6:00 PM	73A	73a Orthopedic Massage: Introduction - Piriformis
3/2/2016	Wed	7:00 PM	73B	73b Orthopedic Massage: Technique Demo and
3/3/2016	Thu	6:00 PM	74A	74a MBLEx Prep
3/3/2016	Thu	7:00 PM	74B	74b Orthopedic Massage: Technique Review and

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Week 22

Date	Day	Time	Order Num	Class Name
3/7/2016	Mon	6:00 PM	75A	75a MBLEEx Prep
3/7/2016	Mon	7:00 PM	75B	75b Orthopedic Massage: Practical Exam -
3/8/2016	Tue	6:00 PM	76A	76a Orthopedic Massage: Introduction - Low Back
3/8/2016	Tue	7:00 PM	76B	76b Orthopedic Massage: Technique Demo and
3/9/2016	Wed	6:00 PM	77A	77a Special Populations: Introduction
3/9/2016	Wed	7:00 PM	77B	77b Orthopedic Massage: Technique Review and
3/10/2016	Thu	6:00 PM	78A	78a Special Populations: Psychiatric Disorders
3/10/2016	Thu	7:00 PM	78B	78b Orthopedic Massage: Practical Exam - Low

Week 23

Date	Day	Time	Order Num	Class Name
3/14/2016	Mon	6:00 PM	79A	79a Orthopedic Massage: Introduction - Rotator
3/14/2016	Mon	7:00 PM	79B	79b Orthopedic Massage: Technique Demo and
3/15/2016	Tue	6:00 PM	80A	80a MBLEEx Prep
3/15/2016	Tue	7:00 PM	80B	80b Orthopedic Massage: Technique Review and
3/16/2016	Wed	6:00 PM	81A	81a MBLEEx Prep
3/16/2016	Wed	7:00 PM	81B	81b Orthopedic Massage: Practical Exam - Rotator
3/17/2016	Thu	6:00 PM	82A	82a Orthopedic Massage: Introduction - Thoracic
3/17/2016	Thu	7:00 PM	82B	82b Orthopedic Massage: Technique Demo and

Week 24

Date	Day	Time	Order Num	Class Name
3/21/2016	Mon	6:00 PM	83A	83a Special Populations: HIV and AIDS
3/21/2016	Mon	7:00 PM	83B	83b Orthopedic Massage: Technique Review and
3/22/2016	Tue	6:00 PM	84A	84a MBLEEx Prep
3/22/2016	Tue	7:00 PM	84B	84b Orthopedic Massage: Practical Exam - Thoracic
3/23/2016	Wed	6:00 PM	85A	85a Orthopedic Massage: Introduction - Neck Pain
3/23/2016	Wed	7:00 PM	85B	85b Orthopedic Massage: Technique Demo and
3/24/2016	Thu	6:00 PM	86A	86a MBLEEx Prep
3/24/2016	Thu	7:00 PM	86B	86b Orthopedic Massage: Technique Review and

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Week 25

Date	Day	Time	Order Num	Class Name
3/28/2016	Mon	6:00 PM	87A	87a MBLEEx Prep
3/28/2016	Mon	7:00 PM	87B	87b Orthopedic Massage: Touch Assessment
3/29/2016	Tue	6:00 PM	88A	88a Deep Massage: History
3/29/2016	Tue	7:00 PM	88B	88b Deep Massage: Introduction
3/30/2016	Wed	6:00 PM	89A	89a Practice MBLEEx (2.5 hours)
3/30/2016	Wed	7:00 PM	89B	89b Chair Massage: Technique Review and Practice
3/31/2016	Thu	6:00 PM	90A	90a Kinesiology: Palpation - Posterior Back and
3/31/2016	Thu	7:00 PM	90B	90b Deep Massage: Technique Demo and Practice

Week 26

Date	Day	Time	Order Num	Class Name
4/4/2016	Mon	6:00 PM	91A	91a Kinesiology: Palpation - Anterior and Posterior
4/4/2016	Mon	7:00 PM	91B	91b Deep Massage: Technique Demo and Practice
4/5/2016	Tue	6:00 PM	92A	92a Deep Massage: Working at Interface & The
4/5/2016	Tue	7:00 PM	92B	92b Deep Massage: Technique Review and Practice
4/6/2016	Wed	6:00 PM	93A	93a Kinesiology: Palpation - Anterior Torso and
4/6/2016	Wed	7:00 PM	93B	93b Deep Massage: Technique Demo and Practice
4/7/2016	Thu	6:00 PM	94A	94a Kinesiology: Palpation - Neck, Face, and Scalp
4/7/2016	Thu	7:00 PM	94B	94b Deep Massage: Technique Demo and Practice

Week 27

Date	Day	Time	Order Num	Class Name
4/11/2016	Mon	6:00 PM	95A	95a Special Populations: Seniors
4/11/2016	Mon	7:00 PM	95B	95b Deep Massage: Technique Demo and Practice
4/12/2016	Tue	6:00 PM	96A	96a Special Populations: Hospice and End of Life
4/12/2016	Tue	7:00 PM	96B	96b Deep Massage: Guided Full Body
4/13/2016	Wed	6:00 PM	97A	97a Special Populations: Cancer
4/13/2016	Wed	7:00 PM	97B	97b Deep Massage: Touch Assessment
4/14/2016	Thu	6:00 PM	98A	98a Practice MBLEEx (2.5 hours)
4/14/2016	Thu	7:00 PM	98B	98b Chair Massage: Technique Review and Practice

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Week 28

Date	Day	Time	Order Num	Class Name
4/18/2016	Mon	6:00 PM	99A	99a Completion
4/18/2016	Mon	7:00 PM	99B	99b Integration Massage: Receiver's Choice