19b Swedish: Guided Full Body

# 19b Swedish: Guided Full Body Class Outline

5 minutes Attendance, Breath of Arrival, and Reminders

15 minutes Pep talk

70 minutes 1st massage

20 minutes 20-minute break

70 minutes 2nd massage

10 minutes Closing circle

3 hours, 15 minutes Total

# 19b Swedish: Guided Full Body Reminders

#### **Quizzes and Written Exams:**

21a Written Exam
(1b, 2a, 2b, 3a, 3b, 4a, 5a, 6a, 7a, 8b, 9a, 9b, 11a, 12a, 13a, 13b, 14a, 15a, 16a, 17a, and 17b)

#### **Assignments:**

30a Review Questions (A: 139-156)

#### Preparation for upcoming classes:

- 20a Treatment Planning: Intake, Assessment, and Documentation
  - Salvo: Chapter 10
  - Packet F: 57-62
  - RQ Packet A: 139-140
- 20b Swedish: Full Body Demo and Interviewing Practice
  - RQ Packet A: 141-144

## Classroom Rules

## **Punctuality** - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

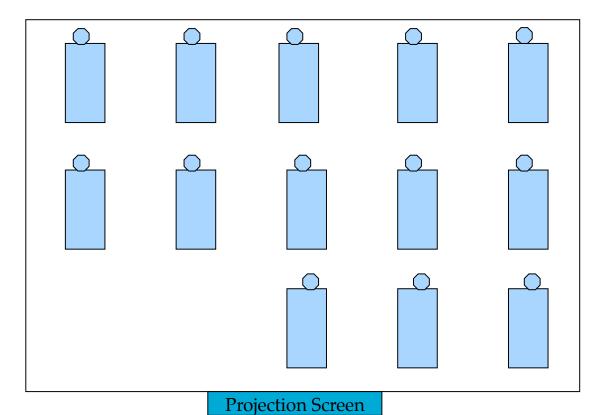
## The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.

# Setting up for the massage trade

Set up the tables in the configuration below Get out your supplies and dress your table Adjust the table height and get a chair Put all your stuff in the "basement"



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