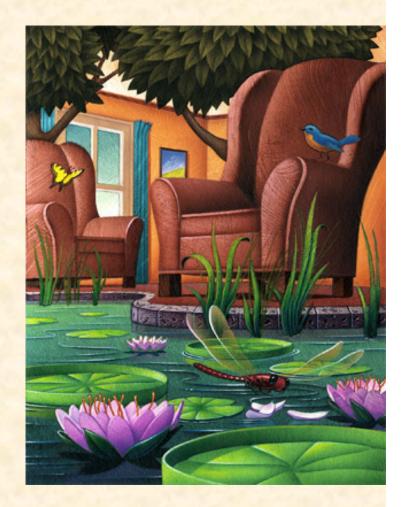
64b - Business:

Taxes and Bookkeeping

"Before we can get control of our finances, we must get control of our attitudes about money, feelings that were shaped by our earliest experiences with it. Opening ourselves to abundance—not only of the pocketbook but also of the heart—is what's necessary for true balance and freedom."

Suze Orman, author of The 9 Steps to Financial Freedom



Business Record-keeping

| Document | Retention |
|--|--|
| General correspondence (incl. emails & schedule) | 5 years |
| Bank statements | 7 years |
| Cash receipts | 7 years |
| Cancelled checks/Credit card statements | 7 years (but keep receipts for major purchases indefinitely) |
| Tax returns | Indefinitely |
| Year-end financial statements | Indefinitely |
| Employee contracts | Indefinitely |
| Vendor contracts | Indefinitely |
| Licenses and Permits | Indefinitely |
| Insurance claims | Indefinitely |

Record-keeping Tips

- Have a separate "business-only" checking account and credit card
- Keep all business-related receipts- and know where you have them filed
- Keep financial records according to guidelines
- Pay bills when they are due
- Maintain daily records: appointments, payment received, payments made, auto mileage logs (i.e., don't get behind in logging these!)
- Check regularly your credit card and bank statements
- Make cash flow projections
- Keep lists of inventory, equipment and furniture

Accounting Definitions

Assets: The total resources (current, fixed or other) of the sole practitioner or business—tangible and intangible. Assets may include cash in the bank, inventory, equipment, accounts receivable, equipment, & goodwill.

Liabilities: Current and long-term debts of the practitioner or business. Liabilities may include long-term debts (ex. terms of lease), accounts payable (ex. a car loan), taxes, and credit card balances.

Capital: The net worth of a business- e.g. the difference between the assets and liabilities.

Accounts Receivable: The amounts owed to you by another person or business.

Accounts Payable: The amounts you owe another person or business.

Common Fully Deductible Business Expenses

§ Bank Service Charges

§ Business Books and Trade Publications

§ Business Insurance

§ Credit Card Fees- including swipe fees

- § Dues
- § Education
- § Furnishings, Decorations& Equipment
- § Interest on Business Debt
- § Insurance
- § Inventory Cost of Goods
- § Linen Service



Common Fully Deductible Business Expenses (cont'd)

- § Maintenance and Repairs
- § Marketing
- § Office Supplies
- § Online Fees
- § Postage
- § Printing and Copying
- § Professional Fees (?)
- § Rent
- § Sales and Excise Tax
- § Samples
- § Telephone & Utilities



IMPORTANT REMINDER!

Allowable business deductions change with tax law changes. Know what is allowed and at what percentages are allowed before filing your taxes. Or...

Consult with a Tax Professional!

Information re: TLC Massage School Deductions for students

Lauterstein-Conway Massage School and most other massage schools in Texas do not participate in student aid programs administered by the U.S. Dep. of Education and therefore are not "Eligible" or "Qualified" institutions per IRS guidelines. These schools do not have federal school ID's, do not issue IRS Forms 1098-T, and amounts paid to the school for books and tuition are not "Qualified Education Expenses" deductible as "Tuition and fees" on Form 1040 and reported on Form 8917. Additionally, amounts paid to the school for books and tuition are not "Qualified Education Expenses" deductible as "Education credits" on Form 1040 and reported on Form 8863.

Info re: TLC Massage School Deductions for students (continued)

- If you are already a health professional, and your training is therefore continuing education, tuition and educational expenses may qualify for a deduction. You should check with a qualified tax professional to get an opinion about your individual circumstance.
- Some of you have asked if your initial costs for textbooks, table, massage supplies, etc. are deductible as business expenses. Here as well you should check with a qualified tax professional to get an opinion about your individual circumstance.

Common Initial Business Expenses

(Estimated- where can you do better?)

| Office: 1st/last/security | \$950/month = \$2,850 |
|---------------------------|-----------------------|
|---------------------------|-----------------------|

Equipment \$1,500

Furniture & Music system \$1,000

Sheets/pillows \$150

Decorations \$300

Office supplies \$100

Business cards \$50

Internet install/activation \$200

Credit card machine \$70

Tablet \$200

Brochure \$200

Website \$1,500

(Total: \$8,120)

Common Annual Business Expenses

(Estimated: where can you do better?)

Liability insurance \$200

Property/rent insurance \$500

Business license \$38

Accounting/legal fees \$650

Professional Member \$100

Common Estimated Monthly Business Expenses (Estimated)

| Rent | \$950 |
|---|-------|
| Utilities/internet | \$120 |
| Telephone | \$100 |
| Website hosting fees | \$55 |
| Supplies | \$50 |
| Networking Club Dues | \$40 |
| Education (seminars, books, journals) | \$50 |
| Medical Insurance | \$400 |
| Auto (payments, gas, repairs; 2018=54.5 cents/mile) | \$? |
| Promotion | \$200 |
| Postage | \$25 |
| Entertainment/Business Meals (50% is taxable) | \$50 |
| Repair & Maintenance (also cleaning service) | \$70 |
| Travel Expenses (flights, lodging) | \$30 |
| Inventory | \$150 |
| Business Loan Payments | \$? |
| Staff Salaries | \$? |
| Personal Draw/Salary | \$? |

Weekly Income Ledger Sheet

Month April Week 1 Year 2020 Page 1

| Date | Client Name | Amt Paid | Ck# | Services | Products | Туре | Location | Company | Notes |
|------|-----------------|-------------|--------|----------|----------|------|----------------|-------------------|------------------------|
| 4/2 | Perry Winkle | 20 | 911 | 20 | 0 | 0 | Outcall Office | ABC Corp. | |
| 4/2 | Astria Ames | 20 | 123 | 200 | 0 | 0 | Outcall Office | ABC Corp. | |
| 4/3 | Bill Peters | 50 | Prepay | 50 | 10 | N | Office | Humane Society | Prepaid Services |
| 4/3 | Somer Days | 90 | Prepay | 35 | 55 | N | Outcall Home | Model | Gift Certificate |
| 4/3 | Penny Cash | 65 | 810 | 45 | 20 | 0 | Office | Attorney | Referred by Moore |
| 4/4 | Clyde Dales | 0 | Cash | 0 | 0 | 0 | Outcall Home | Carpenter | |
| 4/4 | Grover Funk | 45 | Barter | 55 | 20 | N | Outcall Office | Artist | Barter for Bookcase |
| 4/5 | Gail Windser | 47 | 212 | 7 | 40 | 0 | Office | Data Tech | Series of 5 |
| 4/5 | Sandy Lott | 90 | Promo | 35 | 55 | N | Office | Stars R Us | Knows People |
| 4/5 | Harry Beardsley | 0 | Prepay | 15 | 10 | O | Outcall Office | M&M | Gift Certificate |

Total Income: \$1272 Service Income: \$1032 Product Income: \$240 #Sessions: 26 New Clients: 9 Ongoing: 17

Alternate Income Ledger/Record

| January | Chk Amt | Check no. | Credit card | Cash | Tip | Date | Receipt sent? | Deposit Amt | Acct'd | Notes |
|-----------------|---------|-----------|----------------|------|-------|------|---------------|----------------|--------|---------------------|
| Serena Williams | | | \$130 | | \$25 | 1/2 | Square | \$126.42 | * | |
| Steph Curry | | | \$90 | | \$20 | 1/2 | Square | \$87.52 | * | |
| Jeff Lebowski | | | | \$90 | \$18 | 1/5 | _ | | | |
| Lara Croft | \$130 | #126 | | | \$30 | 1/5 | email | | | |
| Brian Friedman | | | \$90 | | \$15 | 1/9 | Square | \$87.52 | * | |
| Parris Goebel | | | \$130 | | \$20 | 1/12 | - | \$126.42 | * | |
| February | | | | | | | | | | |
| Darth Vader | \$130* | | | | | 2/2 | * | | | chk by L. Skywalker |
| Pricess Leia | | | \$130 | | \$35 | 2/4 | Square | \$126.42 | * | |
| | | | | | | | | | | |
| TOTALS | \$260 | | \$570 | \$90 | \$163 | | | \$554.30 | | |

Monthly Disbursement Ledger Sheet

MonthApril Year2020 Page1

| Date | Description | Amt Paid | CK# | Rent Util | Maint Phone | Supp Postage | Promo Fees | Travel Auto | Furn Equip | License Dues | Edu Ins | Book Inv | Bank Ent | Misc Draw |
|------|-------------------|-------------|------|--------------|----------------|-----------------|---------------|----------------|---------------|-----------------|------------|-------------|----------|--------------|
| 4/2 | ABA | 250 | 140 | | | | | | | D250 | | | | |
| 4/2 | J Cleaning | 27 | 141 | | | MILE TO | | | | | | | | |
| 4/2 | Paul Auto | 17.30 | 142 | 170 | | | | A17.30 | | | | | | |
| 4/2 | Sun Bld | 350 | 143 | R350 | | | | | | | | | | |
| 4/3 | Gas To Go | 9 | Cash | - | | | | A9 | | | | | | |
| 4/4 | RJ Office | 6.21 | 144 | | | S6.21 | | | | | | | | |
| 4/4 | Pace Print | 29.50 | 145 | | | | P29.50 | | | | | | | |
| 4/4 | Last Café | 12.70 | Cash | | | | | | | | | | E12.70 | |
| 4/10 | Dos Chiles | 18.40 | 146 | | | | | | | | | | E18.40 | |
| 4/12 | Phone Co. | 65.90 | 147 | | T65.90 | | | | | | | | | |
| 4/12 | Success I | 20 | 148 | | | 7000 | | | | D20 | 7 | | | |
| 4/17 | Career Seminar | 50 | 149 | | | | | | | | E50 | | | |
| 4/17 | Draw | 800 | 150 | | | | | | | | | | | D800 |
| 4/25 | AAA Util | 50 | 151 | U50 | | | | | | | | | | |
| | TOTAL | ***** | | ***** | ***** | ***** | ***** | ***** | ***** | ***** | **** | ***** | ***** | ***** |

^{*} Please note that not all expenses are 100% deductible. Please consult current tax laws.

Alternate Expense Sheet

| Date | Office supplies | Rent | Utilities | Advert. | Liability ins. | Travel Auto | Comp. Equip | License Dues | Educ. | Bus. meals | Place purchased | Descript. | Recei pt. |
|---------|-----------------|-------|-----------|---------|----------------|----------------|----------------|-----------------|-------|---------------|-----------------|---------------------|--------------|
| 4/2/19 | \$23.47 | | | | | | | | | | Office Depot | folders | email |
| 4/1/19 | | \$933 | | | | | | | | | 4611 Bee Caves | rent | chk 201 |
| 4/2/19 | | | \$54 | | | | | | | | AT&T | internet | МС |
| 4/3/19 | | | | \$53.05 | | | | | | | SpaceCraft | website | МС |
| 4/25/19 | | | \$89 | | | | | 170 | | | AT&T | phone | Visa |
| | May 2019 | | | | | | | | | | | | |
| 5/1/19 | | \$933 | | | | | 193 | | | | 4611 Bee Caves | rent | chk 203 |
| 5/2/19 | | | \$54 | | | | | | | | AT&T | internet | МС |
| 5/3/19 | | | | \$53.05 | | | | | | | SpaceCraft | internet | МС |
| 5/4/19 | | | 172 | 2010 | \$199 | | | | 1/10 | | АВМР | malpracti ce ins | МС |
| 5/12/19 | | | | | | | | | \$795 | | Upledger inst. | CST1 | МС |
| 5/12/19 | | | | | | \$341 | | | | | SW Airlines | CST flight | МС |
| 5/12/19 | 1 | | | No. | | | | | | \$23.57 | WholeFoods | CST food | МС |
| | June 2019 | | | | | | | | | | | | |
| 6/1/19 | | \$933 | | | | | | | | | 4611 Bee Caves | rent | chk 204 |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |

Gift Certificate Register

| Date Sold | Amount Paid | Purchased By | Phone # | Issued To | Phone # | Services | Products | \$ Amt. | Date Redeemed |
|--------------|------------------|--------------|------------|-----------|----------|-------------------|----------|------------------|------------------|
| 10/12 | ^{\$} 45 | S. Smith | 555-1111 | P. Jones | 555-2222 | 5 Yoga Classes | | | |
| 10/14 | ^{\$} 60 | T. Silver | 555.1234 | ??? | | 1-hr. massage | VALUE OF | | |
| 10/15 | ^{\$} 75 | I. Gold | 555-5555 | J. Dowd | 555-3333 | | | ^{\$} 75 | |
| | | | | | | | | | |



Business Mileage Sheet

| Date | Beginning Mileage | Ending Mileage | Total Mileage | Destination | Purpose |
|------|----------------------|-------------------|---------------|-------------|---------|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Setting Fees

```
One Year = 365 days -104 days (weekends)
           = 261 days - 8 days (holidays)
           = 253 days - 10 days (health)
           = 243 days - 10 days (vacation)
           = 233 days x 8 hrs/day
           = 1,864 hours/year of work
           - 30% hrs for promotion, professional development, operations
           = approximately 1,300 hours/year
           = approximately 25 billable hours/week
Annual Gross Income Employee (then if 22% taxes taken):
(New employee): $33/hr \times 25hr = $825 \times 52 \text{ wks} = $42,900 \times .78 = $33,462
(2yr employee): 48/hr \times 25hr = 1200 \times 52 \text{ wks} = 62,400 \times .78 = 48,672
Annual Gross Income Self-Employed (then if std. deduction+30% taxes):
```

 $70/hr \times 25hr = 1750 \times 52 \text{ wks} = 91,000 - 12,000 = 79,000 \times .7 = 55,300$

 $$90/hr \times 25hr = $2,250 \times 52 \text{ wks} = $117,000 - $12K = $105,000 \times .7 = $73,500$

Monthly Personal Budget Worksheet

| | | Estimated Monthly Cost | x 12 |
|--------------------------------|----------------|------------------------|-----------------------|
| INCOME | | | |
| Income (Draw) From Business | | \$ | |
| Income From Other Sources | | \$ | |
| | | | |
| | TOTAL INCOME | \$ \$ | |
| EXPENSES | | | |
| Rent/Mortgage | | \$ | |
| Home Insurance | | \$ | |
| Health Insurance | | \$ | |
| Utilities | | \$ \$ | |
| Telephone | | \$ | |
| Auto: (payments, gas, repairs) | | \$ \$ | |
| Food | | \$ \$ | |
| Household Supplies | | \$ \$ | |
| Clothing | | \$ \$ | |
| Laundry/Dry Cleaning | | \$ \$ | |
| Education | | \$ | |
| Entertainment | | \$ | |
| Travel | | \$ | |
| Contributions | | \$ | |
| Health | | \$ | |
| Home Repair and Maintenance | | \$ | |
| Self-Development | | \$ \$ | |
| Outstanding Loans and | | | |
| Credit Card Payments | | \$ | |
| Miscellaneous Expenses | | \$ | |
| | TOTAL EXPENSES | \$ | |
| | BALANCE (+/-) | \$ \$ | Dr. by yell Education |
| | DALAITOL (1/-) | Ψ | |



Sample Cash Flow Forecast

| | | May | June | July | Totals |
|-------|-----------------------------------|-------|-------|-------|--------|
| I. M | onthly Income From: | | | | |
| | Massage | 3,000 | 3,400 | 3,200 | 9,600 |
| | Sales | 300 | 200 | 300 | 800 |
| | Loans | 0 | 400 | 400 | 1,200 |
| | Utilities | 50 | 55 | 50 | 155 |
| | Telephone | 75 | 75 | 75 | 225 |
| | Bank Fees | 0 | 0 | 0 | 0 |
| | Other | 0 | 0 | 0 | 0 |
| Tota | I Income | 3,300 | 3,600 | 3,500 | 10,400 |
| II E | kpenses: | | | | |
| 11. 🗀 | Rent | 10 | 10 | 10 | 30 |
| | Professional Fees | 35 | 50 | 25 | 110 |
| | Insurance | 0 | 650 | 0 | 650 |
| | Dues | 75 | 0 | 325 | 400 |
| | Marketing | 100 | 150 | 250 | 500 |
| | Massage supplies | 50 | 30 | 30 | 110 |
| | Office Supplies(stationary, etc.) | 150 | 50 | 0 | 200 |
| | Auto (0,50 mi.) | 20 | 20 | 20 | 60 |
| | Staff salaries | 0 | 0 | 0 | 0 |
| | Equipment | 150 | 0 | 100 | 250 |
| | Decorations | 25 | 0 | 0 | 25 |
| | Furniture & Fixtures | 50 | 0 | 0 | 50 |
| | Inventory | 50 | 500 | 0 | 550 |
| | Continuing Education | 25 | 200 | 0 | 225 |
| | Laundry | 15 | 15 | 15 | 45 |
| | Entertainment | 40 | 30 | 60 | 130 |
| | Other expenses | 100 | 25 | 25 | 150 |
| | Total Expenses | 1330 | 2200 | 1435 | 4,965 |
| • | Profit (income – expenses) | 1970 | 1400 | 2065 | 5,435 |
| • | Est. Tax (30% of Net Profti) | 591 | 420 | 620 | 1,640 |
| • | Net income (profit - tax) | 1379 | 980 | 1445 | 3,795 |



U.S. Tax Reporting Employees

Employees receive a Form W-2, Wage and Tax Statement from their employers.

Form 1040: U.S. Individual Income Tax Return







U.S. Tax Reporting

Sole Proprietors



A sole proprietorship is not an independent entity from its owner, so the business does not file a separate tax return. Income or loss is reported on the owner's personal tax return. If you're a sole proprietor you must file:

- Form 1040: U.S. Individual Income Tax Return
- Schedule C: Profit or Loss From Business (Sole Proprietorship)
- Schedule SE: Self-Employment Tax
- Form 1040 ES: Estimated Tax For Individuals (quarterly—if you will owe taxes)

