# TLC 250 hr Advanced Massage Therapy Program

Learn to practice massage therapy at a mastery level.

This program is designed to dramatically enhance the benefits you can provide for your clients! Become confident in your assessment and clinical skills. Learn how to understand and resolve clients' problems much more effectively – whether the causes derive from stress, energetic or structural imbalance, chronic tension or injury.

### **CURRICULUM:**

- Zero Balancing I & II (57 hours)
- Orthopedic Massage Certification (90 hours)
- Shiatsu (36 hours)
- Psychology of Bodywork (13 hours)
- Deep Massage Certification (42 hours)
- Integration (12 hours)



June 7, 2019 - Feb 24, 2020
Mondays only – 10am-5pm
(with the exception of Zero Balancing)

Contact Admissions or David Lauterstein for more info.
Alex Sellers: alexs@tlcschool.com - 512.374.9222 ext 14
David Lauterstein: davidl@tlcschool.com - 512.374.9222 ext 20

TLCmassageschool.com



## **250 hour Advanced Program 2019**PAYMENT PLAN OPTIONS

Application fee: \$100.00 Tuition deposit: \$200.00\*\*

Total due at enrollment = \$300.00

Tuition is \$3,500.00 (At normal workshop rates, this would be over \$5,000)

#### 1. PAY IN FULL - Get A \$200.00 Tuition Discount

\*\*The \$200.00 tuition deposit is required at enrollment with the balance of 33,100.00 due 06/01/2019.

#### 2. PAY HALF and HALF - Get A \$100.00 Tuition Discount

\*\*The \$200.00 tuition deposit is required at enrollment with a payment of \$1,550.00 due by 06/01/2019 and the balance of \$1,550.00 due by 09/24/2019.

#### 3. <u>EXTENDED MONTHLY PAYMENT PLANS</u>

\*All extended plans are based on approval. Monthly payments, Terms and Interest rates are based on applicants' financial situation on a case by case basis. **No Credit Check required.** 

**Tuition deposit of \$200 required	Monthly Term	Monthly Payment
0%	6	\$550.00
12%	12	\$293.20
17%	18	\$208.99

<sup>\*</sup>Financing terms and interest rates subject to change

<sup>\* 1%</sup> discount on interest rates if utilizing auto-deduct from a checking account

1a 6/7 1b 2a 6/8 2b 3a 6/9 3b 4a 6/10 4b 5a 6/17 5b 6a 6/24 6b	Number and Title  Orient. & ZB I - (9-12:30)  Zero Balancing I (1:30-5)  Zero Balancing I (10-12:30)  Zero Balancing I (1:30-5)  Zero Balancing I (9-12:30)  Zero Balancing I (1:30-5)  Zero Balancing I (1:30-5)  Zero Balancing I (1:30-5)  Zero Balancing I (1:30-5)  Deep Massage (DM) Intro  Fascial explorations  Positioning  DM - legs and feet  Ortho Skills  Case Study / HOPRS / SOAP	1 1 0.5 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	0.5	0.5  1  1.5  2  1.5  2.5  1.5  2.5  0.5  2.5  0.5	0.5	1 1	3.5 3.5 2.5 3.5 3.5 3.5 2.5 3.5 2.5 3.5
2a 6/8 2b 3a 6/9 3b 4a 6/10 4b 5a 6/17 5b 6a 6/24	Zero Balancing I (10-12:30)  Zero Balancing I (1:30-5)  Zero Balancing I (9-12:30)  Zero Balancing I (1:30-5)  Zero Balancing I (10-12:30)  Zero Balancing I (1:30-5:00)  Deep Massage (DM) Intro  Fascial explorations  Positioning  DM - legs and feet  Ortho Skills  Case Study / HOPRS / SOAP	1 0.5 1 1 1 1 1 1 1		1.5 2 1.5 2.5 1.5 2.5 0.5 2.5	0.5	1	2.5 3.5 3.5 3.5 2.5 3.5 2.5
2b 3a 6/9 3b 4a 6/10 4b 5a 6/17 5b 6a 6/24	Zero Balancing I (1:30-5) Zero Balancing I (9-12:30) Zero Balancing I (1:30-5) Zero Balancing I (10-12:30) Zero Balancing I (1:30-5:00) Deep Massage (DM) Intro Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	0.5  1  1  1  1  1  1  1  1  1		2 1.5 2.5 1.5 2.5 0.5 2.5			2.5 3.5 3.5 3.5 2.5 3.5 2.5
3a 6/9 3b 4a 6/10 4b 5a 6/17 5b 6a 6/24	Zero Balancing I (9-12:30) Zero Balancing I (1:30-5) Zero Balancing I (10-12:30) Zero Balancing I (1:30-5:00) Deep Massage (DM) Intro Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1 1 1 1 1 1 1		1.5 2.5 1.5 2.5 0.5 2.5			3.5 3.5 2.5 3.5 2.5
3b 4a 6/10 4b 5a 6/17 5b 6a 6/24	Zero Balancing I (1:30-5) Zero Balancing I (10-12:30) Zero Balancing I (1:30-5:00) Deep Massage (DM) Intro Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1 1 1 1 1 1	0.5	2.5 1.5 2.5 0.5 2.5			3.5 2.5 3.5 2.5
4a 6/10 4b 5a 6/17 5b 6a 6/24	Zero Balancing I (10-12:30) Zero Balancing I (1:30-5:00) Deep Massage (DM) Intro Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1 1 1 1 1	0.5	1.5 2.5 0.5 2.5		1	2.5 3.5 2.5
4b 5a 6/17 5b 6a 6/24	Zero Balancing I (1:30-5:00)  Deep Massage (DM) Intro  Fascial explorations  Positioning  DM - legs and feet  Ortho Skills  Case Study / HOPRS / SOAP	1 1 1 1	0.5	2.5 0.5 2.5		1	3.5 2.5
5a 6/17 5b 6a 6/24	Deep Massage (DM) Intro Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1 1 1 1	0.5	0.5 2.5		1	2.5
5b 6a 6/24	Fascial explorations Positioning DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1 1 1	0.5	2.5		1	
6a 6/24	Positioning  DM - legs and feet  Ortho Skills  Case Study / HOPRS / SOAP	1	0.5				3.5
<del></del>	DM - legs and feet Ortho Skills Case Study / HOPRS / SOAP	1	0.5	0.5			
6h	Ortho Skills Case Study / HOPRS / SOAP		0.5			1	2.5
OD	Case Study / HOPRS / SOAP	1	-	1		1	3.5
7a 7/1				1.5			2.5
7b		1		2.5			3.5
8a 7/8	Contraindications	1		1.5			2.5
8b	jROM	1		2.5			3.5
9a 7/15	Ortho ankle #1	1		1.5			2.5
9b	Ortho ankle #2	1	1	1		0.5	3.5
10a 7/22	DM knee / thigh #1	0.5	0.5	1.5			2.5
10b	DM knee / thigh #2	1		2.5			3.5
11a 7/29	Ortho Knew / thigh #1	0.5	0.5	1.5			2.5
11b	Ortho Knee / thigh #2	0.5		2	1		3.5
12a 8/5	Shiatsu (10-1:00)	1	1			1	3
12b	(2-5)	1	1	1			3
13a 8/12	Shiatsu (10-1:00)	1		2			3
13b	(2-5)	1		2			3
14a 8/19	Shiatsu (10-1:00)	1		2			3
14b	(2-5)	1		1	1		3
15a 8/26	Shiatsu (10-1:00)	1	1	1			3
15b	(2-5)	1	1	1			3
16a 9/9	Shiatsu (10-1:00)	1		2			3
16b 17a 9/16	(2-5)	1	1	1			3
17a 9/16	Shiatsu (10-1:00)	1		2			3
18a 9/23	DM HIP #1	1		2			3
18a 9/23	DM Hip #2	1	1	-			2
19a 9/30	Ortho Hip #1	1	1	2	,		4
19a 9/30 19b	Ortho Hip #2	1	1	1	1		2
20a 10/7	Integration #1	1	1	1	1		4
20a 10// 20b	Integration #2	1	1	2	1		2
21a 10/14	DM Thoraco-lumbar #1	1	1	1	1		2
21b	DM Thoraco-lumbar #2	1	1	1	1		4
22a 10/21	Ortho - thoraco-lumbar #1	1	1	1	1		2
22b	Ortho - thoraco-lumbar #2	1	1	1	1		4
	sychology of Bodywork #1 (10-12:30)	<u>.</u>	-	1	1	0.5	2.5
23b	1:30-6 #2			1.5	1	2	4.5
24a 11/4	Psychology of Bodywork #3			1	-	1	4.5
24b	#4			1	1	2	4

	<b>Total Hours Earned</b>	250					
	Total per course	67.00	25.00	105.50	29.50	23.00	250.00
110				, ,			4
41a 2/24 41b	integration in Deep wassage in	1	U-0-5	3			4
41a 2/24	Integration III - Deep Massage III	0.5	0.5	1			2
40a 2/17 40b	megration ii - Deep wassage iii	0.5	0.5	3			2
40a 2/17	Integration II - Deep Massage III	1	0.5	1		0.5	3.5
39a 2/10 39b		1	0.5	2		0.5	2.5
39a 2/10		,	0.5	3		0.5	3.5
38b		1	0.5	1		0.5	2.5
38a 2/9		1	0.5	2		0.5	3.5
37a 2/8 37b	10-5 for rest of ZB II	1		1		0.5	2.5
37a 2/8	10-5 for rest of ZB II	1		1.5		1	3.5
36b	Zero balancing II (9-12:30)	1		2		0.5	3.5
36a 2/7	Ortho - testing / integratioin #4  Zero Balancing II (9-12:30)	1		1	1	1	4
35a 2/3	Ortho - testing / integration #3	1		1	_		2
34b 35a 2/3	Ortho - testing / integration #2	1		1	1	1	4
34a 1/27	Ortho - testing / integration #1	1			1		2
33b	Integration #6	1		1	1	1	4
	Integration #5	1		_	1	_	2
32b 33a 1/20		1		1	1	1	4
32a 1/13 32b	Ortho Arms #1	1			1		2
31b 32a 1/13	DM Arms & Hands #2 Ortho Arms #1	1.	1		1	1	4
		1	_		1	_	2
31a 1/6	DM Arms & Hands #1	1	1	1	1		4
30a 12/16 30b	ZB review #1 ZB review #2	0.5	_	1	_	0.5	2
29b	Ortho Shoulder & Girdle #1	1	1	1		1	4
29a 12/9	Ortho Shoulder & Girdle #1	1		1			2
28b	DM Shoulder & Girdle #2	1	1	1	1		4
28a 12/2	DM Shoulder & Girdle #1	1		1			2
27b	Integration #4	1	1	1	1		4
27a 11/25	Integration #3	1			1		2
26b	Ortho Neck #2	1	1	1	1		4
26a 11/18	Ortho Neck #1			1	1		2
25b	DM Neck #2	1	1	1	1		4
25a 11/11	DM Neck #1			1	1		2