

Disease Control: Covid19 Internship Modifications

The following are the student's modified procedures for the student clinic. Please review carefully as failure to comply with the following may result in disciplinary action, up to and including dismissal.

- 1. **AT HOME**, students should take their temperature before leaving for the school. Students experiencing a fever or any other symptoms should not come to the school and need to contact notify the MTI on duty at 512.374.9222, ext. 30.
- 2. Students should dress in accordance with the dress code detailed in the Internship Handbook. In addition, please wear hair up and away from your face. **Suggestion (not required):** Students should consider wearing clothing that can be changed out between clients.
- 3. Students should bring their lubricants. All other personal belongings must remain in their vehicles with the exception of phones (powered down), and ID cards. These will need to be disinfected upon arrival. PLEASE NOTE the student lounge is no longer available for storage, meal prep, or in-room dining; neither are the benches and tables outside. Please do not gather in these areas. The refrigerator, microwaves & toaster ovens are also no longer available for use. Please do not bring any food items or drinks other than water into the building. All breaks and food consumption should be done outside or in your car until further notice.
- 4. Upon arrival, the clinic's Massage Therapy Instructor (MTI) will take student's temperature. Students presenting with a fever (99.6 degrees or more), will be sent home. Their appointments will be canceled or reassigned to another therapist. Students sent home due to fever cannot return to the school for any reason unless they are fever free for 48 hours.
- 5. Upon arrival, MTI will inspect students' uniform for cleanliness as well as their hands, fingernails, and cuticles for open wounds, cuts, scratches or abrasions and level of cleanliness. Failure to practice good hygiene may result in being sent home and their session will be processed as a no-show. See Internship Handbook for details.
- 6. Students will disinfect all contents/equipment in their bay prior to the start of their session. This includes; table, table legs, height adjustment knobs and any smooth surfaces, clipboards, pens. This is regardless of if they are following a student who has just completed their post-session clean-up.
- 7. After disinfecting the bay, students will wash hands with new hand washing protocol.
- 8. The MTI-on-duty will distribute linens.
- 9. TLC provides clients a face mask that they must don upon entering the building. Their dispenser is located near the Client Entrance. *Bandannas are not acceptable and clients will be expected to use what we provide or forfeit their appointment.*

- 10. When greeting clients, students should not shake hands or hug. Bowing is certainly respectful and appropriate. Consider sharing that you'll minimize conversation to what is necessary in-session.
- 11. Students will use a no-contact thermometer to take the client's temperature upon arrival; ask the client to reschedule if their temperature is 99.6°F or higher.
- 12. Students will then initiate doorway screening checklist questions on the supplemental intake form.
- 13. Students will continue to wear their masks. For the session, students will also wear gloves.
- 14. Facial massages, and work with the elbows and/or forearms are prohibited until further notice. For further clarification, TLC will teach as we go and post videos on the Student Resources page of our website. As always, you may consult with your MTIs for guidance.
- 15. Clients should wear masks for the entire session. Some clients may be unable to comfortably wear a face covering during face-down positioning. Consider the following alternative.
 - a. **Alternative #1 for Prone work:** Consider using side-lying positioning to address the lateral and posterior aspects of the body so the client can remain masked.
- 16. Leave any hand work for the final part of your session.
- 17. Before leaving the treatment room, remove gloves, apply a generous amount of hand sanitizer, and use a previously-readied paper towel to open and close the treatment room door on your way out.
- 18. Until further notice, interns are not to bring the post-session water to clients.
- 19. After the session, students will disinfect all contents/equipment in their bay prior to the start of their session. This includes; table, table legs, height adjustment knobs and any smooth surfaces, clipboards, pens. This is regardless of if they are following a student who has just completed their post-session clean-up.
- 20. Remove all linens, blankets, and table setups; fold items in on themselves before putting in a closed bin or hamper. **Do not shake dirty laundry.**
- 21. Repeat your hand washing protocol and reset the treatment space for the next client.

Please refer the videos on post session clean up, laundry removal and hand washing located on the student resources page.