Lauterstein-Conway
Massage School & Clinic

Outside Massage Form #1: Full Body Swedish Only

Client _____ Due Date _Class 43a_____

Student _____ Group _____ Date _____

Case Study #1:

   Client is a 58-year-old disabled, morbidly obese person presenting with pain and stiffness in their right shoulder.

Write five client specific questions to ask during the interview:

1._____

_____

2._____

_____

3._____

_____

4._____

_____

5._____

_____

Treatment plan and modifications:

_____

_____

_____

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_____

Expected Outcomes:

_____

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_____

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_____

Treatment Record   Client Name _____

Date _____   Student Therapist _____

S: Subjective or what the client reports about their status
(client goals, functional limitations, and diagnosis/clearance from a physician)

_____

_____

_____

_____

_____

O: Objective or findings made by the therapist
(client posture, client movement, palpation of client during interview, details of focus area treatment)

_____

_____

_____

Prone: **Supine:**

_____   _____

_____   _____

_____   _____

_____   _____

_____   _____

_____   _____

A: Assessment or how the client rates the pain or discomfort of a focus area
(0-10, 0 = no pain, 5 = moderate pain, 10 = worst possible pain, recorded before and after treatment)
Before treatment: **After treatment:**

_____   _____

_____   _____

_____   _____

P: Plan or a strategy for further care
   (client education, self care such as movement or stretches, future massage session ideas, referrals)

_____

_____

_____

Personal reflection or meaningful insights made by the therapist about the therapist

_____

_____

_____

Outside Massage Form #2: Passive Stretches and BMTs Only

Client _____ Due Date Class 43a _____

Student _____ Group _____ Date _____

Case Study #2:
Client is 64-years-old and presenting with rheumatoid arthritis (RA) affecting the left wrist and hand with periods of exacerbations and remissions. Currently in remission. Client recently started swimming for exercise.

Write five client specific questions to ask during the interview:

1._____

_____

2._____

_____

3._____

_____

4._____

_____

5._____

_____

Treatment plan and modifications:

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_____

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Expected Outcomes:

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Treatment Record   Client Name _____

Date _____   Student Therapist _____

S: Subjective or what the client reports about their status
(client goals, functional limitations, and diagnosis/clearance from a physician)

_____
_____
_____
_____
_____

O: Objective or findings made by the therapist
(client posture, client movement, palpation of client during interview, details of focus area treatment)

_____
_____
_____

Prone: **Supine:**

_____   _____
_____   _____
_____   _____
_____   _____
_____   _____
_____   _____

A: Assessment or how the client rates the pain or discomfort of a focus area
(0-10, 0 = no pain, 5 = moderate pain, 10 = worst possible pain, recorded before and after treatment)
Before treatment: **After treatment:**

_____   _____
_____   _____
_____   _____

P: Plan or a strategy for further care
  (client education, self care such as movement or stretches, future massage session ideas, referrals)

_____
_____
_____

Personal reflection or meaningful insights made by the therapist about the therapist

_____
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