

# Client Intake Form

Date: \_\_\_\_\_

Name \_\_\_\_\_ Preferred Phone: \_\_\_\_\_ m/h/w

Address \_\_\_\_\_ Alternate Phone: \_\_\_\_\_ m/h/w

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ DOB \_\_\_\_\_ Gender \_\_\_\_\_

Email \_\_\_\_\_ Occupation \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

What types of healthcare are you receiving? (*Physician, Chiropractor, Acupuncture, Homeopath, etc.*)

Do you currently have, or recently had, any of the following conditions:  
 (*This information is confidential and may be important to your therapy.*)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Numbness or Tingling     | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Headaches _____          | <input type="checkbox"/> Heart Condition     |
| <input type="checkbox"/> Cancer (history) | <input type="checkbox"/> Skin Conditions          | <input type="checkbox"/> Varicose Veins      |
| <input type="checkbox"/> Allergies _____  | <input type="checkbox"/> Autoimmune Disease _____ |  |

Please note any recent injuries, surgeries, major accidents, or serious illness/conditions:

Please list any medications or supplements you are currently taking for any of the above conditions:

Are you pregnant or trying to become pregnant? \_\_\_ No \_\_\_ Yes: Due Date \_\_\_\_\_

**Clients are asked to keep the clinic informed on any changes to the above information.**

Previous massage/bodywork experience: \_\_\_ Never \_\_\_ Occasionally \_\_\_ Often – Type(s) \_\_\_\_\_

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 I understand that: Massage therapy (Which include styles of: Swedish, Sports, Deep Tissue or Deep Massage) involves neither diagnosis nor treatment of any condition and is not a substitute for medical care. Draping will be used at all times. This is a full-body massage unless otherwise requested. Neither breasts nor genitalia will be massaged. I may itemize here any areas on my body that I wish to be avoided, and these will be totally avoided (itemize here if relevant):

If I am uncomfortable for any reason I may request to end the session and it will end promptly.

If client is under the age of 17, written consent from client's guardian or parent is required.

I affirm that I am able to receive Massage Therapy and that any of the information I have provided above does not prohibit me from doing so. I am aware that if I have a medical diagnosis that prohibits me from receiving Massage I must provide physicians written consent prior to services.

Client Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_