



Lauterstein-Conway  
Massage School & Clinic

Client \_\_\_\_\_ Class # \_\_\_\_\_

Student \_\_\_\_\_ Group \_\_\_\_\_ Date \_\_\_\_\_

**Case Study:**

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**Write five client specific questions to ask during the interview:**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Treatment plan and modifications:**

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**Expected Outcomes:**

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## Treatment Record

Client Name \_\_\_\_\_

Date \_\_\_\_\_

Student Therapist \_\_\_\_\_

**S: Subjective** or what the client reports about their status  
(client goals, functional limitations, and diagnosis/clearance from a physician)

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**O: Objective** or findings made by the therapist  
(client posture, client movement, palpation of client during interview, details of focus area treatment)

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**Prone:**

**Supine:**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**A: Assessment** or how the client rates the pain or discomfort of a focus area  
(0-10, 0 = no pain, 5 = moderate pain, 10 = worst possible pain, recorded before and after treatment)

**Before treatment:**

**After treatment:**

_____	_____
_____	_____
_____	_____

**P: Plan** or a strategy for further care  
(client education, self care such as movement or stretches, future massage session ideas, referrals)

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**Personal reflection** or meaningful insights made by the therapist about the therapist

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