



Lauterstein-Conway
Massage School & Clinic

Client _____ Class # _____

Student _____ Group _____ Date _____

Case Study:

Write five client specific questions to ask during the interview:

1. _____

2. _____

3. _____

4. _____

5. _____

Treatment plan and modifications:

Expected Outcomes:

Treatment Record

Client Name _____

Date _____

Student Therapist _____

S: Subjective or what the client reports about their status
(client goals, functional limitations, and diagnosis/clearance from a physician)

O: Objective or findings made by the therapist
(client posture, client movement, palpation of client during interview, details of focus area treatment)

Prone:

Supine:

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A: Assessment or how the client rates the pain or discomfort of a focus area
(0-10, 0 = no pain, 5 = moderate pain, 10 = worst possible pain, recorded before and after treatment)

Before treatment:

After treatment:

| | |
|-------|-------|
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P: Plan or a strategy for further care
(client education, self care such as movement or stretches, future massage session ideas, referrals)

Personal reflection or meaningful insights made by the therapist about the therapist
