19b Swedish: Guided Full Body

19b Swedish: Guided Full Body Class Outline

5 minutes Attendance, Breath of Arrival, and Reminders

15 minutes Pep talk

70 minutes 1st massage

20 minutes 20-minute break

70 minutes 2nd massage

10 minutes Closing circle

3 hours, 15 minutes Total

19b Swedish: Guided Full Body Reminders

Quizzes and Written Exams:

21a Written Exam
(1b, 2a, 2b, 3a, 3b, 4a, 5a, 6a, 7a, 8b, 9a, 9b, 11a, 12a, 13a, 13b, 14a, 15a, 16a, 17a, and 17b)

Assignments:

30a Review Questions (A: 139-156)

Preparation for upcoming classes:

- 20a Treatment Planning: Intake, Assessment, and Documentation
 - Salvo: Chapter 10
 - Packet F: 57-62
 - RQ Packet A: 139-140
- 20b Swedish: Full Body Demo and Interviewing Practice
 - RQ Packet A: 141-144

Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

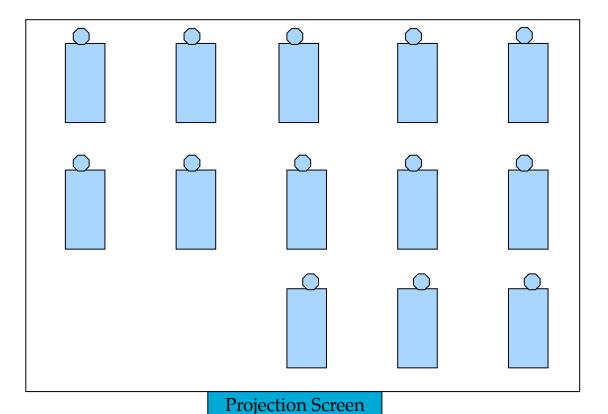
The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.

Setting up for the massage trade

Set up the tables in the configuration below Get out your supplies and dress your table Adjust the table height and get a chair Put all your stuff in the "basement"



19b Swedish: Guided Full Body