

Week 13

Date		Title	Preparation	Assignments and Exams
9/7/21	24a	A&P: Muscular System - Organization of Skeletal Muscle	Trail Guide: infraspinatus and teres minor. Salvo: Pages 395-399. Packet E: 37-40. RQ - Packet A-151.	
9/7/21	24b	Hydrotherapy: Theory and Technique Demo	Salvo: Chapter 12. Packet G: 1-14. RQ - Packet A-152.	Hydrotherapy Supplies: Your packet
9/9/21	25a	A&P: Muscular System - Mechanism of Contraction	Trail Guide: subscapularis. Salvo: Pages 399-401. Packet E: 41-44.	
9/9/21	25b	Hydrotherapy: Dry Brushing, Cold Water Wash, and Foot Treatment	Packet G: 15-19.	Hydrotherapy Supplies: Dry brush, wash cloth, 1/2 cup of ground coffee or sea salt, cream or lotion, small bowl or cup, spoon, 3 bath towels, 6 hand towels, and 1 set of sheets and blanket, plus 1 medium trash bag.

Week 14

9/14/21	26a	A&P: Muscular System - Fiber Types, Actions, and Contractions	Trail Guide: pectoralis minor. Salvo: Pages 401-405. Packet E: 45-48.	
9/14/21	26b	Hydrotherapy: Cold Water Treading, Facial, and Herbal Wrap	Packet G: 21-24.	Hydrotherapy Supplies: Flip-flops or sandals, shorts or pants rolled up, 5 hand towels, essential oil (optional), plus supplies for 2 treatments from 25b plus 1 medium trash bag.
9/16/21	27a	Pathology: Musculoskeletal System	Werner: Chapter 3. Packet E: 49-54. RQ - Packet A-153.	End of First Quarter: You will be issued a Quarterly Report within 2 weeks.
9/16/21	27b	Hydrotherapy: Heat, Cold, and Contrast Treatments	Packet G: 25-28.	Hydrotherapy Supplies: 5 hand towels, 1 set of sheets and blankets, plus 1 medium trash bag.

Week 15

Date	Title		Preparation	Assignments and Exams
9/21/21	28a	A&P: Integumentary System	Trail Guide: serratus anterior. Salvo: Chapter 22. Packet E: 55-58. RQ - Packet A-154.	
9/21/21	28b	Integration Massage: Swedish and Hydrotherapy	Packet F: 58, and 63-64.	Hydrotherapy Supplies: Have supplies set up for 3-4 treatments from 25b, 26b, or 27b, 1 set of sheets and blankets, plus 1 medium trash bag. ***** In Class: Full SOAP notes with date, first names, and last names. Signatures and date on intake form.
9/23/21	29a	Pathology: Integumentary System	Werner: Chapter 2. Packet E: 59-64.	
9/23/21	29b	Kinesiology: AOIs - Glenohumeral and Scapulothoracic Joint Muscles	Use Trail Guide to study the AOIs of the 4 rotator cuff muscles, pec minor, and serratus anterior.	29b Kinesiology Quiz Given at the start of class. 25 questions in 20 minutes. Packet A-73. Bring colored pencils, pens, or markers to class.