



# CLIENT INTAKE FORM

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_ Preferred Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender Identity: \_\_\_\_\_ Preferred Pronouns: \_\_\_\_\_

Height: \_\_\_\_' \_\_\_\_" Approx. Weight: \_\_\_\_\_ lbs Occupation: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name:	Relationship:	Phone:

What types of healthcare are you receiving? (*Physician, Chiropractor, Acupuncture, Homeopath, etc.*)

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Do you currently have, or recently had, any of the following conditions?:

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Numbness or Tingling | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Headaches/Migraines  | <input type="checkbox"/> Heart Conditions    |
| <input type="checkbox"/> Cancer (History) | <input type="checkbox"/> Skin Conditions      | <input type="checkbox"/> Varicose Veins      |
| <input type="checkbox"/> Allergies        | <input type="checkbox"/> Autoimmune Disease   | <input type="checkbox"/> Spinal Conditions   |

Please elaborate if you selected any of the above conditions:

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Please note any recent injuries, surgeries, major accidents, or serious illness/conditions:

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Please list any medications or supplements you are currently taking for any of the above conditions:

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Are you pregnant or trying to become pregnant?  No  Yes: Due Date \_\_\_\_\_

Previous massage/bodywork experience:  Never  Occasionally  Often: Type(s) \_\_\_\_\_

I understand that: Massage therapy (Which include styles of: Swedish, Sports, Deep Tissue or Deep Massage) involves neither diagnosis nor treatment of any condition and is not a substitute for medical care. Draping will be used at all times. This is a full-body massage unless otherwise requested. Neither breasts nor genitalia will be massaged. I may itemize here any areas on my body that I wish to be avoided, and these will be totally avoided (itemize here if relevant):

If I am uncomfortable for any reason I may request to end the session and it will end promptly. If client is under the age of 17, written consent from client's guardian or parent is required. I affirm that I am able to receive Massage Therapy and that any of the information I have provided above does not prohibit me from doing so. I am aware that if I have a medical diagnosis that prohibits me from receiving Massage I must provide physicians written consent prior to services.

Client Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_

