

Outside Massages

Overview

- Use the provided forms to document these 3 assignments.
 - 43a Swedish: Outside Massages
 - 60a Deep Tissue: Outside Massages
 - 85a Orthopedic Massage: Outside Massages
- Hold on to your completed Outside Massage Forms (OMFs) until they are due.
- On the due date, submit your stapled OMs to your instructor before class starts.
- Each OMF indicates the specific content that is required to complete the assignment. Please read them carefully.
- 20 points will be deducted if either of the 2 OMFs is late.
- Doing more than the assigned number is great, but there is no extra credit given on your grade.
- Begin practicing massage outside of class immediately, but do not to begin documenting outside massages until the time indicated on your class schedule.
- Use this early practice to get the strokes and sequencing down and formulate questions to ask in class.
- All sessions submitted need to be at least 50 minutes in length.

Outside Messages

Overview

- Please fill out **all** parts of the OMF. If any part of the OMF is not complete, 20 points will be deducted and it will be returned to you to complete and resubmit.
- If your clients are too relaxed to write, you may interview them and write their reactions to the session for them.
- Use this early to deepen your thought processes and critical thinking, as well as your ability to plan a tailored session to fit each client's needs.
- Please fill out **all** parts of the OMF. If any part of the OMF is not complete, 20 points will be deducted and it will be returned to you to complete and resubmit.
- If the original paperwork gets lost, fill out another form to the best of your recollection and turn it in on time.
- This assignment is extremely valuable - please take it seriously and treat it professionally.
- If you have questions about any sessions you do, please bring them up in class - we do not closely read these forms - they are for your study and reflection.