



The Lauterstein-Conway Massage School & Clinic

The holistic training approach at TLC incorporates both the Art and Science of touch to engage the whole self in the learning and growth – body, mind and spirit.

Massage is
Everything
I knead right
now!
TLCmassageschool.com



Hands-On Massage Therapy Program

Massage Therapy can relieve pain, reduce stress, reduce depression, lift moods and improve overall mental and physical health. Massage Therapists can also provide clients with self-care strategies to help prolong the positive benefits achieved, not only in their massage therapy sessions, but also with other integrative modalities or treatment approaches as well.

As a Massage Therapist, the work that you can provide to your clients can alleviate suffering and help support those clients that deal with chronic or degenerative conditions as well. Imagine having the confidence, knowledge and experience to help improve someone's overall wellbeing through positive touch!

Why Choose TLC? – Experience is Key! The Lauterstein-Conway Massage School & Clinic was established in 1989, we've been training Massage Therapists for over 30 years. Learn more about who we are through the QR Code link! ►





How to Get Your Massage Therapy License in Texas

Licensing is obtained by applying with the Texas Department of Licensing and Regulations (TDLR). The applicant must first meet the following criteria:

1. Complete a State-approved 500-hour Massage Therapy training program.
2. Take and pass the Massage and Bodywork Licensing Exam (MBLEx).
3. Take and pass a Jurisprudence Exam on Texas massage laws and rules.
4. Complete and submit the application for a Massage Therapy License.
5. Complete fingerprint background check.



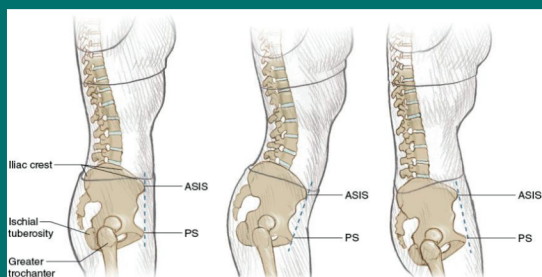
What does the MBLEx look like?

Texas requires potential therapists to pass the Massage and Bodywork Licensing Examination 'MBLEx' test. This is a 100-question multiple-choice test given on a computer and timed at 2 hours. It is administered through an online testing center approved by the Federation of State Massage Therapy Boards (FSMTB).

•Explore more on the MBLEx here >



After becoming a Licensed Massage Therapist you are required to maintain your licensure by completing 12 hours of Continuing Education every 2 years.



Keep your career moving forward with Austin's finest Massage Therapy Continuing Education!

The Lauterstein-Conway Massage School offers informative and enriching workshops including a variety of skill-enhancing subjects and insightful, experienced presenters.

Here are some of the many CE Classes that we offer:

- Manual Lymph Drainage (MLD)
- Pre & Perinatal
- Zero Balancing
- Lomi Lomi (Hawaiian Temple Bodywork)
- Orthopedic

Check out more on our website!



We put a Career in Your Hands

TLC Admissions

TLC Massage Therapy Program - 500 hours

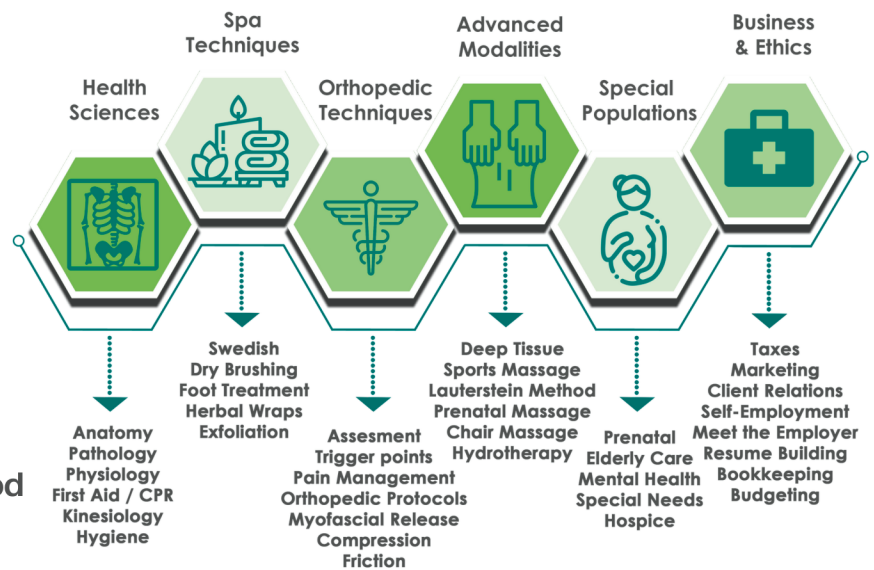
As one of the nation's forerunners in Massage Therapy Education, TLC has spent over 30 years developing and refining our Massage Therapy Programs and Continuing Education offerings.

The TLC Massage Therapy Program interweaves health sciences, spa treatments, orthopedic massage techniques, business experiences, and more to provide a comprehensive massage therapy education.



Course Offerings

- **Anatomy** (50 hrs)
- **Physiology** (25 hrs)
- **Kinesiology** (50 hrs)
- **Pathology** (40 hrs)
- **Hydrotherapy** (20 hrs)
- **Health and Hygiene** (20 hrs)
- **Business Practice & Ethics** (45 hrs)
- **Swedish Massage** (125)
- **Internship** (50 hrs)
- **Advanced Techniques** (75 hrs)
 - Sports & Deep Tissue Massage
 - Deep Massage: The Lauterstein Method
 - Clinical Massage Therapy
 - Chair Massage
 - Pregnancy Massage



How does TLC's Curriculum Differ from other schools?

TLC has cultivated a dynamic course format that carefully blends the optimal mix of massage theory and practical applications, providing students with unparalleled quality of instruction. Our unique tapestry structure of curriculum combines anatomy & physiology, pathology & kinesiology together based on the part of the body students are learning that day.

We also teach the Lauterstein Method which is also known as Deep Massage. Deep Massage is about high quality of connection, not about quantity of pressure. The techniques evolved as combinations of soft tissue and skeletal work. Deep Massage cultivates a theory and practice which aims to contact the person in such a way that they let go from the inside out. If they don't let go from within, then nothing really significant can happen!

Books & Supplies for Class:

- Massage Therapy Principles & Practice
- Trail Guide to the Body
- Massage Therapist's Guide to Pathology
- Deep Massage Book
- Business Mastery

BOOK NOTE You'll only need the first three books on this list for the first week of school. Pathology will be needed by class 23 and Deep Massage is needed during the last quarter of school. Estimated cost \$350.

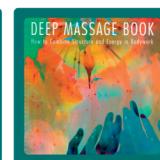
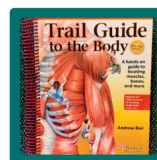
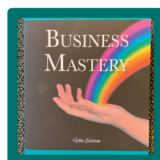
- Hold-All Holster
- Massage Lubricant
- Blanket
- 4pc Sheet Set (Twin or Twin XL (Flat, Fitted, 2 Pillowcases)

SUPPLIES NOTE Additional materials may be needed throughout your program as advised per your Instructor. Estimated cost \$100.

Equipment for At-home Study:

- Massage Table (Est. cost \$250)

All Books & Supplies can be purchased at the TLC Campus store. We also have a Facebook Marketplace group where graduates can sell used books and equipment to new students: TLC Massage Marketplace .



[TLC Campus Store](#)



Classroom Dresscode: Clothing should be loose enough to allow freedom of movement while adequately covering the body. Athletic/orthopedic shoes recommended.

Internship Dresscode: Black Pants & White shirts.



[TLC Internship - Build Your Skills](#)



The TLC Student Massage Clinic provides extensive practice in Integrative Massage Therapy Techniques while working on a wide variety of clients that are provided by the school. During their time in the Internship, they will practice the therapeutic, communication, and business skills taught in class while working in a professional setting. This helps students build their confidence by gaining real-world experience.

The State requires all students to complete 50 hours of massage therapy sessions in a supervised setting. Our Internship is 50 1-hour sessions in the Student Clinic, scheduled outside the student's regular class time. Students are eligible to start the Internship halfway through the program.

[Book a Massage at the TLC Clinic!](#)

The best way to get a 'feel' for Massage Therapy Training is to get a massage at the TLC Clinic. Book your appointment and use the promo code **FUTURELMT** to get \$5 off!





The Lauterstein-Conway Massage School & Clinic



2023 Class Schedules

Need a morning, afternoon, evening, or weekend schedule? The Lauterstein-Conway Massage School offers a variety of schedules to meet the needs of every student. We provide both full-time (6 months) and part-time classes (12 months). The full-time classes meet in the mornings or afternoons 4 days a week. The part-time classes meet in the evenings 2 days a week or on Saturdays once a week.

START DATES	SCHEDULE	TIMES	END DATES*
January 16	Evening (12 mos)	M & W 6 - 10:30pm	01/17/2024
February 07	Morning (6 mos)	M-Th 8:15am-12:45pm	08/02/2023
April 03	Afternoon (6 mos)	M-Th 1:10pm-5:40pm	09/27/2023
May 04	Morning (6 mos)	M-Th 8:15am-12:45pm	10/31/2023
June 08	Evening (12 mos)	T & TH 6 - 10:30pm	06/04/2024
August 03	Morning (6 mos)	M-Th 8:15am-12:45pm	02/07/2024
September 02	Saturdays (12 mos)	Saturdays 8am-5:45pm	08/24/2024
October 02	Afternoon (6 mos)	M-Th 1:10pm-5:40pm	04/03/2024
November 01	Morning (6 mos)	M-Th 8:15am-12:45pm	05/06/2024

*Note that the end date is the last day of class, but students have up to 3 months following the last class of their program to complete the 50 required internship appointments.

*The state mandates that all class hours must be completed. Any absences or time missed must be made up. We provide Instructor supervised make-up hours outside of regular class time at \$10 per hour.

Holidays

- January 1 - New Year's Day
- Last Monday in May - Memorial Day
- July 4 - Independence Day
- First Monday in September - Labor Day
- Wednesday before Thanksgiving
- Thanksgiving Day
- Friday after Thanksgiving
- Saturday After Thanksgiving
- December 24th through 31st

Paying for School

We know that paying for school can be one of the biggest obstacles students face when starting a new educational program. At The Lauterstein-Conway Massage School, we want to give our students every opportunity to succeed by offering no-credit-check payment plans so all students qualify to make paying for school easy.

Tuition is **\$6,990** and there is an additional non-refundable application fee of **\$100** that can be paid online once you have completed the online application. Additional costs for books and supplies vary according to purchase prices. See Books & Supplies list for estimated cost of additional materials.

All students qualify for all payment plans. 2023 Tuition effective as of January 1, 2023.

1. Pay in Full - Receive \$400 TLC Gift Card for books & supplies.

Pay \$6,990 at enrollment or a \$200 deposit can be made with the \$6,790 balance due 10 days before start date. Gift cards are redeemable online or in person for books, supplies, massage table, internship massage appointments or continuing education. TLC Gift Cards are NOT redeemable for cash, tuition or non-tuition fees. Gift cards are issued once the full payment is received.

2. Pay Half & Half - Receive \$200 TLC Gift Card for books & supplies.

Pay \$3,495 at enrollment or pay a \$200 deposit with \$3,395 due 10 days before the start date. The \$3,495 balance or \$3,395 balance if a \$200 deposit was made is due 10 days before Class #55 at the midpoint of the program. Gift cards are redeemable online or in person for books, supplies, massage table, internship massage appointments or continuing education. TLC Gift Cards are NOT redeemable for cash, tuition or non-tuition fees. Gift cards are issued once the first half payment is received.

3. TFC Financing Plan

All students qualify. No credit check required. Payments can be made on the 14th or 29th of every month. See Tuition Financing chart below for monthly payments, financing term lengths and interest rates options.

Monthly Payment \$200 Deposit

\$1,131.66
\$587.52
\$404.67
\$316.47
\$266.31
\$235.38

Financing Term Length

6 months
12 months
18 months
24 months
30 months
36 months

Interest Rates*

0%
7%
9%
11%
13%
15%

Monthly Payment \$0 Deposit

\$1,165.00
\$611.29
\$423.02
\$332.32
\$280.85
\$249.21

Financing Term Length

6 months
12 months
18 months
24 months
30 months
36 months

Interest Rates*

0%
9%
11%
13%
15%
17%

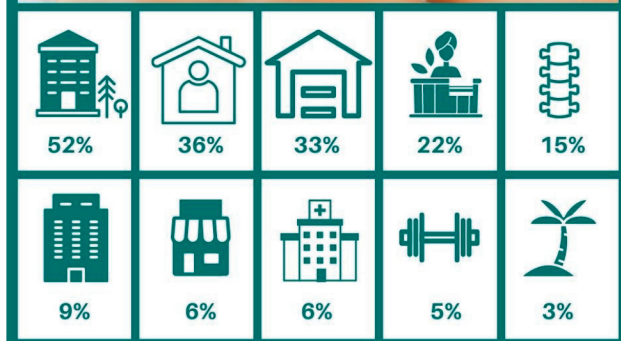
*Reduce your interest rate by 1% with auto-deduct from checking account.
*Reduce your interest rate by 1% when using a co-signer (no credit check required).
*Financing terms and interest rates subject to change.

Want to make additional payments or need to know account balance information? Contact the TLC Financial Department for any questions regarding payments or account balance:

Eric Tebbetts | erict@tlcschool.com | 512-374-9222 ext 12

Career Opportunities

In what type of setting are Massage Therapists working?



Guiding students and graduates to a successful career in massage therapy is paramount to the TLC Faculty and Staff.

At The Lauterstein-Conway Massage School & Clinic, we don't just teach our students in-demand alternative healthcare skills. We also help them polish their professional presence and gain the confidence they need to stand out in today's job market.

Where do you see yourself working in your new Career?

One of the most frequent comments massage therapists make about their occupation is, "I feel fortunate to have found work I love." They feel this way because a career in massage therapy allows them to connect and help people in a meaningful way.

According to a 2021 AMTA study, 77% of Massage Therapists describe themselves as sole practitioners.

- 52% - My Office
- 36% - My Home
- 33% - Client's Home
- 22% - Spa or Salon
- 15% - Health Care Clinic
- 9% - Client's Work
- 6% - Franchise or Chain
- 6% - Hospital, Medical Office, or Clinic
- 5% - Health Club or Athletic Facility
- 3% - Hotel, Resort, Cruise



Career Services

- Meet the Employers Classes
- Career Counseling
- Resume Building
- Practice Job Interviews
- Online Job Board
- Yearly Job Fair



*Join the
TLC TEAM!*

We love to hire our graduates because we know what amazing experience they bring to the table!

TLC is always looking for talented individuals to become Instructors, Assistant Instructors, Assistants to Visually Impaired students, graders, tutors and Clinic MTI's.



NEXT STEPS FOR *Enrollment*

1 SUBMIT APPLICATION

Complete a simple online application. Start your future career today!

2 PAY \$100 APPLICATION FEE

Pay the \$100 non-refundable application fee to reserve your spot.

3 ACADEMIC ASSESSMENT

Complete a short reading & comprehension assessment.

4 ENROLLMENT APPOINTMENT

Complete the necessary paperwork for enrollment and financing!



COMMUNITY IS EVERYTHING

We're proud to be a part of the Massage Therapy community, and we want to help you become a part of it as well.

We know that massage therapy isn't just a job—it's a career. And we believe that being in the right place is just as important as being in the right profession.

That's why we've made it our goal to bring you into the community of students, educators, and professionals who are working together to make the world a better place through massage therapy.

TLC's Mission:

To provide the highest level of massage and bodywork education for our students as well as professional therapists, in order to promote therapeutic skills, economic success and personal fulfillment.

TLC's Vision:

To make the world a better place through teaching the art and science of touch. We are dedicated to running the school in a manner as healing as the subjects we teach.



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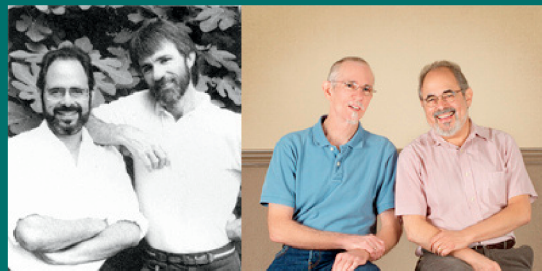
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The Lauterstein-Conway
Co-Founders
David Lauterstein &
John Conway



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