

13a A&P: Skeletal System – Cells, Tissues and Bone Shapes

Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	Reminders 10 minutes before class begins display the reminders slide.
5	Attendance and Breath of Arrival
15	AOIs: pectoralis major and abdominals (rectus abdominis.)
40	Lecture A&P: Skeletal System – Cells, Tissues, and Bone Shapes
60m	Total Class Time

Learning Outcomes

- **Program Level:** grasp how understanding skeletal system enhances ability to do effective massage
- **Course Level:** see how structure and function of this system contribute to the organism.
- **Class Level:** understand and retain information about bone physiology and bone shapes

Class Schedule – Student Preparation

- Trail Guide: pectoralis major and abdominals (rectus abdominis).
- Salvo: Pages 415-418.
- Packet E: 15-16.
- RQ - Packet A-134.

Topic Focus

- Cells, tissues, and bone shapes of the skeletal system.

Thoughts, Advice, or Warnings

- Briefly review previous "A class" content for context.
- Use of drawing on white board to augment anatomy slides
- Frequent breaking down of words focusing on what their parts mean
- Frequent examples of ways to remember words that do not easily break down into known parts
- Periodic response moments as review by orally filling in the blanks

- Calling for students to pronounce words aloud in unison
- Use of analogies from textbook and within PPT
- Frequent inclusion of individual students by name in analogies and games, stories, etc.