

16a A&P: Skeletal System – Synovial Joints

Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	Reminders 10 minutes before class begins display the reminders slide.
5	Attendance and Breath of Arrival
15	AOIs: scalenes.
40	Lecture Synovial Joints
60m	Total Class Time

Learning Outcomes

- **Program Level:** grasp how understanding joints enhances ability to do effective massage
- **Course Level:** see how structure and function of joints contribute to the organism.
- **Class Level:** Synovial joints.

Class Schedule – Student Preparation

- Trail Guide: scalenes.
- Salvo: Pages 421-425.
- Packet E: 21-24.
- RQ - Packet A-137.

Class Schedule – Assignments and Exams

- Note: scalenes include: 1. Anterior scalenes, 2. Middle scalenes, and 3. Posterior scalenes.
- 17a Quiz, 17a RQ, 17b Kinesiology quiz

Topic Focus

- Three joint types and which major joints are of which type.

Thoughts, Advice, or Warnings

- See previous lesson plans