

18a H&H: Therapeutic Relationships –
Conflict, Transference, Dual Relationship, and Sexual Misconduct
Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	Reminders 10 minutes before class begins display the reminders slide
5	Attendance and Breath of Arrival
55	Lecture: Therapeutic Relationships
60m	Total Class Time

Learning Outcomes

- **Program Level:** see that the biggest predictor of therapeutic success is the quality of the therapeutic relationship.
- **Course Level:** ensure that your skills as a therapist go beyond just the hands-on work – covering the many aspects of health and hygiene
- **Class Level:** learn about and practice greater skillfulness with respect to therapeutic relationships – conflict, transference, dual relationships, and sexual misconduct

Topic Focus

- Some strategies to resolve conflicts
- Incident report and conflicts of interest
- Transference and countertransference
- Seductive Client – what it arises from; what to do.
- Dual Relationships – what they are; how to maintain boundaries clearly.
- Some codes of ethics refer min. time before initiating something other than therapeutic relationship.
- Sexual misconduct – examples; negative perceptions of massage; precautions; erections
- Texas Massage Rules in Texas
- Terminating a session
- Never commit inappropriate behavior - consequences
- Reporting misconduct you hear of.

Thoughts, Advice, or Warnings

- During the lecture, stop frequently to relate the material being presented to the experience of the students.
- Be prepared to talk about erections. Keep terminology gender neutral. Avoid absolutes. It WILL happen to you.
- Be sensitive and ask the students to take care of themselves. They can leave the classroom if they need a minute to hold space. Be gentle.
- Consider a gentle warning that this class is coming up so students can try to prepare themselves to receive some potentially triggering information.