

19a Quiz

Lesson Plan

<u>Minutes</u>	<u>Activity</u>
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	Reminders 10 minutes before class begins display the reminders slide.
5	Attendance and Breath of Arrival
30	19a Quiz Refer to the actual quiz for instructions.
10	Transition (since 19b Swedish: Guided Full Body takes so much time) <ul style="list-style-type: none">• Students partner up into groups of 2, but 3 students may need to work together if the number of students attending class is odd-numbered. In this case only 2 students will receive massage, but all 3 get full participation credit. Ensure that students partner equally their classmates.• Partners set up a massage table, adjust table height, dress the table, get a chair, and store their stuff underneath the tables so that it does not impede their ability to do massage. Positioning of massage tables should allow everyone to work comfortably from all sides of the table without interfering with adjacent students or walls.
45m	Total Class Time (with 15 minutes of flex time)

Class Schedule – Student Preparation

- Study all packet material from classes: 13a, 14a, 15a, 16a, 17a.

Class Schedule – Assignments and Exams

- 19a Quiz. Given at the start of class. 25 questions in 20 minutes. Packet A-73.

Topic Focus

- Review for the upcoming 21a Exam.

Materials, Equipment, and Supplies

- PowerPoint presentation, packet, attendance book
- Computer, projector, projector remote, projector screen, laser pointer
- Whiteboard with dry erase markers and eraser