



19b Swedish:
Guided Full Body



19b Swedish: Guided Full Body Class Outline

| | |
|---------------------|--|
| 5 minutes | Attendance, Breath of Arrival, and Reminders |
| 15 minutes | Pep talk |
| 70 minutes | 1st massage |
| 20 minutes | 20-minute break |
| 70 minutes | 2nd massage |
| 10 minutes | Closing circle |
| 3 hours, 15 minutes | Total |



19b Swedish: Guided Full Body Reminders

Quizzes and Exams:

- 21a Exam
(1b, 2a, 2b, 3a, 3b, 4a, 5a, 6a, 7a, 8b, 9a, 9b, 11a, 12a, 13a, 13b, 15a, 16a, 17a, 17b, and 18a)

Assignments:

- 30a Review Questions (A: 141-158)

Preparation for upcoming classes:

- 20a Treatment Planning: Intake, Assessment, and Documentation
 - Salvo: Chapter 10
 - Packet F: 57-62
 - RQ Packet A: 142-143
- 20b Swedish: Full Body Demo and Interviewing Practice
 - RQ Packet A: 144-147
 - Packet F-58
- 21b CPR/ First Aid: This class cannot be made in the make-up room. To schedule a sit-in, students should contact the Student Administrator. To be exempt, bring a copy of your CPR & first aid certificate.



Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

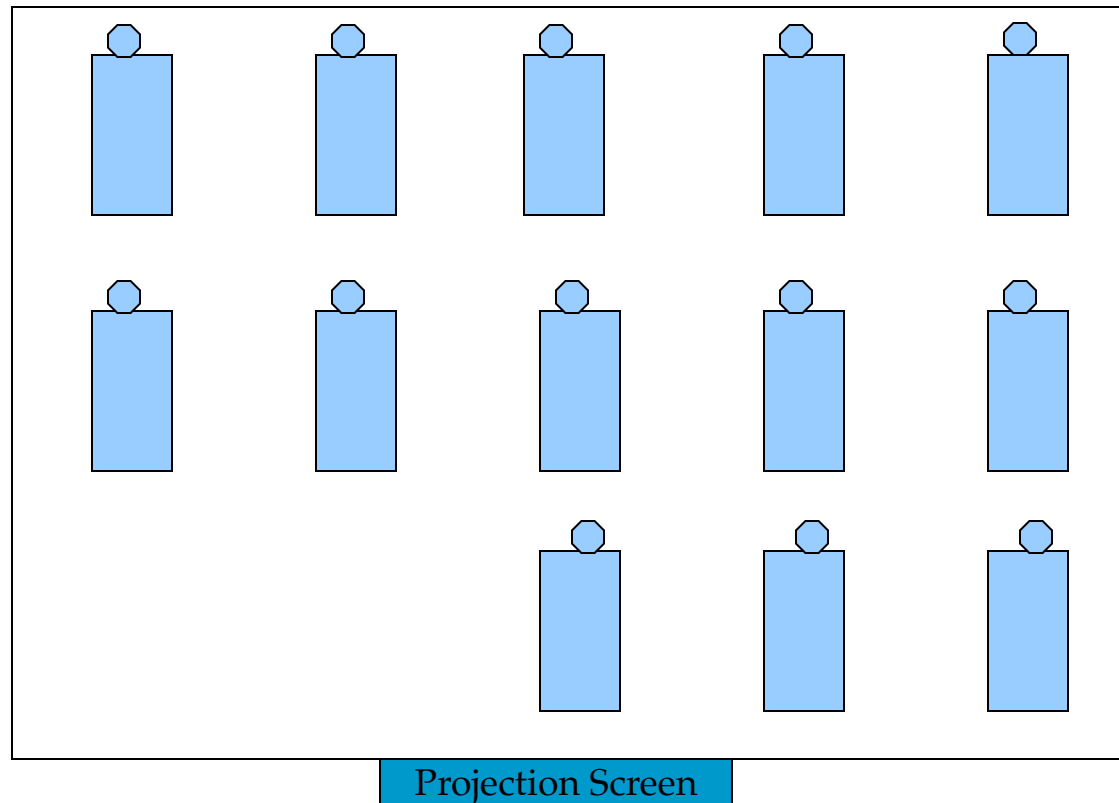
The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.

Setting up for the massage trade

Set up the tables in the configuration below
Get out your supplies and dress your table
Adjust the table height and get a chair
Put all your stuff in the “basement”





19b Swedish:
Guided Full Body