

## 20b Swedish: Full Body Demo and Interview Practice

### Lesson Plan

<u>Minutes</u>	<u>Activity</u>
10	<b>Break</b> Announce the return time and write it on the board.
5	<b>Attendance and Reminders</b> Display the reminders slide.
20	<b>Demo:</b> <ul style="list-style-type: none"> <li>• Instructor and assistant demonstrate an interview using Packet F: 59 or 60.</li> <li>• After the interview, the instructor and assistant answer questions from the students and make observations about how the interview went.</li> <li>• Instructor uses the white board to demonstrate where all of the various gathered information is recorded on the SOAP note form.</li> <li>• Only abbreviations provided in Packet: F-61 may be used.</li> </ul>
40	<b>Activity:</b> Interview and SOAP note practice. <ul style="list-style-type: none"> <li>• Students are given 20 minutes each to work in pairs to interview each other and fill out SOAP note forms found in the 30a Review Questions (Packet A: 143-144). When graded in class 30a, this will be worth 8 points.</li> </ul>
10	<b>Break</b> Announce the return time and write it on the board.
10	<b>Transition and Explanation:</b> <ul style="list-style-type: none"> <li>• Instructor and assistant set up a massage table, dress it, and explain what the students are going to be doing during the grading process.</li> </ul>
65	<b>Demo:</b> Instructor performs a full-body Swedish massage in 60 minutes: <ul style="list-style-type: none"> <li>• Instructor and assistant provide a clipboard for each student.</li> <li>• The assistant receives the massage.</li> <li>• The students use the grading forms provided in 30a Review Questions (Packet A: 141-142, also worth 8 points) to grade the performance of the instructor during the Swedish full-body demo.</li> </ul>
10	<b>Break</b> Announce the return time and write it on the board.
25	<b>Discussion:</b> <ul style="list-style-type: none"> <li>• One by one, go through the grading criteria with the class and agree on a score for each criteria (use a range if there is no consensus).</li> <li>• Example: Time Management, addressed the full body including face and abs in 58-60 minutes. Some students think that 9 out of 10 is an appropriate grade, but a few think that 8 out of 10 is correct. Record this on the board as 8 to 9.</li> <li>• This activity will help the students to understand many things about grading such as how people see things differently, how a particular score is assigned to a particular performance, and clarification about exactly what is expected of them during the 23b Swedish: Practical Exam.</li> <li>• Be sure to advise the students to re-insert their SOAP notes and 23b Swedish: Practical Exam grading forms into their 30a Review Questions so that they are able to hand them in when they are due.</li> </ul>
5	<b>Break down, clean up, and circle up</b>
3h 20m	<b>Total Class Time</b> (plus 10 minutes of flex time to use as needed)

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#### Learning Outcomes

- **Program Level:** Communication, gathering information, documentation, professionalism.
- **Course Level:** Becoming more confident, communicating and working with the public.
- **Class Level:** Students will conduct and practice interviewing, collect, process and assemble client information and a treatment plan in the SOAP format.

#### Class Schedule – Student Preparation

- NOTE: RQ- Packet A: 141-144 will be done in class.
- Packet A: 141-142 is the Grading form for the Swedish full-body demo.
- Packet A: 143-144 is the SOAP note form that the students will use to interview each other during the class activity.
- Please clarify for the students that after doing these activities in class, these pages should be stapled together with the other pages for 30a Review Questions so that they get full credit for that assignment.
- 30a Review Questions consists of Packet A: 139-156.
- Packet F-58.

#### Class Schedule – Assignments and Exams

- Full SOAP notes with date, first names and last names. Signatures on intake forms.

#### Topic Focus

- Students will conduct and practice interviewing, collect, process, and assemble client information and a treatment plan in the SOAP format.

#### Thoughts, Advice, or Warnings

- Each student should fill out the intake form from their own packet pages (between pages 142 and 143 in Packet A) and it will go back into the collection of pages that will be submitted for 30a Review Questions.
- When the students grade the instructor using Packet A-141, they should consider the example given on the white board from the mock interview.
- Discuss the possibility of clients acting inappropriately, how to manage, educate or terminate a session due to client poor behavior.
- Discuss sensitivity vs. Hypersensitivity in regards to client behavior.
- Advise students to get comfortable with abbreviations early (Packet F-61).

#### Materials, Equipment, and Supplies

- Clipboards, set of massage sheets, lubricant, face massage items