

22a A&P Skeletal System- Appendicular and Axial Divisions

Lesson Plan

SAVE TIME- SET UP FOR B CLASS ASAP

<u>Minutes</u>	<u>Activity</u>
	Reminders 10 minutes before class begins display the reminders slide
5	Attendance and Breath of Arrival
15	AOIs: Supraspinatus
25	Lecture: Axial versus Appendicular (Packet E-17) <ul style="list-style-type: none">• The individual names of the carpals can wait for another day.• Using skeletons, students work individually or in groups to practice recalling bone names and numbers.

45m **Total Class Time (15 minutes flex time)**

Learning Outcomes

- Course Level: facilitate the learning of AOIs and massage
- Class Level: name, locate, and count the bones

Class Schedule – Student Preparation

- Trail Guide: supraspinatus.
- Salvo: Pages 27-38.
- Packet H: 27-34.
- RQ - Packet A-146.

Topic Focus

- Appendicular and axial divisions of the skeletal system
- Names, locations, and quantities of each bone

Thoughts, Advice, or Warnings

- During the lecture, stop frequently to review what's been covered thus far.
- Move through the lecture quickly so that the students have time to review the bones by touching and saying them using the skeleton.
- **If possible, set up and dress touch assessment tables before class. Have the foldable walls in the classroom for B class transition. Ask students to pull out their Swedish TA form A:83 and write their legal name, class/cohort, and date on the form.**
- **While they are working, begin drawing the TA chart on the board to designate their turns. Calculate trade times.**

Materials, Equipment, and Supplies

- 1 or 2 intact skeletons lying on a massage table (protect table with a blanket).
- 1 disarticulated skeleton from the black box laid out on 2 folding tables that are set up and arranged side by side to make 1 long and wide table.