

## 23a Pathology - Medications

### Lesson Plan

#### Minutes   Activity

**Reminders** 10 minutes before class begins display the reminders slide.

5     **Attendance and Breath of Arrival**

45     **Lecture** Medication classes and necessary massage modifications.

10     **Transition** (since 23b Swedish: Practical Exam is such a full class)

- Before lecture tables are put away, each student takes from the front table:
  - 1 clipboard
  - 1 client intake form/SOAP note guidelines
  - 1 SOAP note form
- Each student fills out the intake form to be used when they receive.
- Instructor asks for half the class to volunteer to give massage during the first session of 23b Swedish: Practical Massage. If there are too many volunteers or too few volunteers, then the instructor makes adjustments so that the students are divided in half.
- If the students are odd-numbered, encourage the students to contact a friend who is willing to come to school to receive a massage. The guest receiver must be freshly showered, punctual, and without major contraindications.
- The students who are **receiving** massage during the first session place their clipboards (with the three forms) on one side of the front table.
- The students who are **giving** massage during the first session place their clipboards (with the three forms) on the other side of the front table.
- Lecture tables are taken down and put away along with half of the chairs.
- Those students who will be giving massage first will now set up a massage table, adjust table height, dress the table, get a chair, and store their stuff underneath the table so that it does not impede their ability to do massage. Positioning of massage tables should allow everyone to work comfortably from all sides of the table without interfering with adjacent students or walls.

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60m     **Total Class Time**

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#### Learning Outcomes

- **Program Level:** How to serve the client's needs without causing harm.
- **Course Level:** understand how pathology may alter our treatment plan.
- **Class Level:**
  - Know the major classes and subclasses of medications.
  - Know the modifications that need to be made to massage.

#### Class Schedule – Student Preparation

- Werner: Appendix A.
- Packet E: 27-36.
- RQ - Packet A-147.

#### Class Schedule – Assignments, Exams, and supplies

- Before class begins, bring in the supplies needed for Transition:
  - 1 clipboard per student and 1 clipboard per grader.
  - The grading forms, client intake forms, and SOAP not forms.

#### Thoughts, Advice, or Warnings

- Keep students responding by asking questions of them
- Get students to palpate selves and/or partner during the lesson
- Briefly review previous "A class" content for context.
- Use of drawing on white board to augment anatomy slides
- Frequent breaking down of words focusing on what their parts mean
- Frequent examples of ways to remember words that do not easily break down into known parts
- Calling for students to pronounce words aloud in unison
- Use of analogies from textbook and within PPT
- See first page