

## 23b Swedish: Practical Exam

### Lesson Plan

<u>Minutes</u>	<u>Activity</u>
10	<b>Break</b> Announce the return time and write it on the board.
	<b>Attendance and Assignment of Graders</b>
	<ul style="list-style-type: none"> <li>Lead instructor assigns each grader a certain number of students to grade.</li> <li>Graders prepare their grading forms by filling in the students' names.</li> </ul>
10	<b>Interview and completing the first half of SOAP notes</b>
	<ul style="list-style-type: none"> <li>Lead instructor assigns 1 receiver to each giver by placing the receiver's clipboard on the giver's table and saying their name aloud.</li> <li>Receivers place their belongings under the tables of their givers.</li> <li>Givers conduct an interview while their respective graders observe.</li> <li>Graders will review and approve the S, O, and A sections of the SOAP notes before the giver can proceed with the practical exam.</li> </ul>
	<b>Receivers Undressing and Givers Stretching</b>
	<ul style="list-style-type: none"> <li>Once the grader has finished approving the completed S, O, and A sections of the SOAP notes, the giver can get the receiver on the table.</li> <li>Givers use the remaining time to warm up and stretch.</li> </ul>
60	<b>First Trade</b>
	<ul style="list-style-type: none"> <li>Instructor writes the start and end times on the board for all to see.</li> <li>All students begin and end the session at the same times.</li> </ul>
10	<b>Completion of SOAP notes</b>
	<ul style="list-style-type: none"> <li>All sections of the SOAP notes are completed by the giver.</li> <li>Date, names (first and last), and signatures must be correctly completed.</li> </ul>
20	<b>Reset the tables for the next session</b>
	<b>Break</b> Announce the return time and write it on the board.
10	<b>Interview and completing the first half of SOAP notes</b> See above for details.
	<b>Receivers Undressing and Givers Stretching</b> See above for details.
60	<b>Second Trade</b> See above for details.
10	<b>Completion of SOAP notes</b> See above for details.
15	<b>Tables undressed, cleaned, and put away</b>
5	<b>Circle up</b> Review the "Reminders" for upcoming classes.
3h 30m	<b>Total Class Time</b>

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### Lesson Plan

#### Learning Outcomes

- **Program Level:** Students successfully perform a 60-minute full body Swedish massage with nothing excluded.
- **Course Level:**
  - Students successfully perform a 60-minute full body Swedish massage with nothing excluded.
  - Body mechanics and stroke application are assessed.
- **Class Level:**
  - Passing grades on practical exam.
  - Body mechanics and stroke application are assessed.

#### Class Schedule – Student Preparation

- Prepared to perform a 60-minute full-body Swedish massage with nothing excluded.

#### Class Schedule – Assignments and Exams

- 23b Swedish: Practical Exam.
- Grader-evaluated full SOAP notes with date, first names, and last names. Signatures and date on intake form.
- Packet A: 91-94.
- Packet F: 35, 45, and 58.

#### Topic Focus

- Full Body Swedish massage

#### Thoughts, Advice, or Warnings

- If a student must re-take this practical exam for any reason, place a copy of the grading form and SOAP notes in Alana's in-box.
- Record the grades in the grade book and give the grading forms to the students before class is over.
- Timing is very tight in this class. Watch it closely to get everything done in time.

#### Materials, Equipment, and Supplies

- PowerPoint presentation, packet, attendance book
- Computer, projector, projector remote, projector screen, laser pointer
- Whiteboard with dry erase markers and eraser