

28a A&P: Integumentary System

Lesson Plan

| <u>Minutes</u> | <u>Activity</u> |
|----------------|--|
| | Reminders 10 minutes before class begins display the reminders slide. |
| 5 | Attendance and Breath of Arrival |
| 15 | AOIs: serratus anterior. |
| 40 | Lecture Integumentary System <ul style="list-style-type: none">• Introduction (6m).• Anatomy, including Fun Facts (4m).• Physiology (4m).• Epidermis (7m).• Dermis, including some extra time spent on scarring and how to treat scars (4m).• Subcutaneous layer (1m).• Hair (4m).• Skin glands (4m).• Nails (1m).• Nervous System's role in touch (5m). |
| 60m | Total Class Time |

Learning Outcomes

- **Program Level:** Lay groundwork to integrate an understanding of the integumentary system into the art and science of massage.
- **Course Level:** Understand how this system is similar to and different from the others we study.
- **Class Level:** Layers of the skin, structure and functions of the skin and its appendages.

Class Schedule – Student Preparation

- Trail Guide: serratus anterior.
- Salvo: Chapter 22.
- Packet E: 55-58.
- RQ – Packet A: 151-152.

Topic Focus

- Structure and functions of the integumentary system.