

## 33a H&H: Communication Skills

### Lesson Plan

<u>Minutes</u>	<u>Activity</u>
5	<b>Attendance and Reminders</b> Display the reminders slide.
20	<b>Lecture</b> Communication skills. <ul style="list-style-type: none"><li>• What does communication mean to you?</li><li>• How does intention affect communication?</li><li>• Does it matter if the message is received?</li><li>• Is communication a shared experience?</li><li>• Results of successful versus unsuccessful communication</li><li>• Skill or attributes for successful versus unsuccessful communication</li><li>• Constructive versus destructive communication</li></ul>
60m	<b>Total Class Time</b>

### Learning Outcomes

- **Program Level:** Be able to function well as a massage therapist
- **Course Level:** Learn and practice a high level of self-care with your body, mind and spirit.
- **Class Level:** Show understanding of basics of successful communication and constructive criticism in class and on upcoming quizzes and exams

### Class Schedule – Student Preparation

- Salvo: Pages: 27-38.
- Packet H: 35-36.