

36a A&P: Cardiovascular System – Blood Vessels and Paths of Circulation

Lesson Plan

Minutes Activity

- Reminders** 10 minutes before class begins display the reminders slide.
- 5 **Attendance and Breath of Arrival**
- 15 **AOIs:** iliopsoas
- 40 **Lecture** Blood vessels and paths of circulation.

60m **Total Class Time**

Learning Outcomes

- **Program Level:** Lay groundwork to integrate an understanding of the cardiovascular system into the art and science of massage.
- **Course Level:** Understand how this system is similar to and different from the others we study.
- **Class Level:** Blood vessels and paths of circulation.

Class Schedule – Student Preparation

- Trail Guide: iliopsoas.
- Salvo: Pages 678-686.
- Packet E: 69-72
- RQ – Packet A-168.

Topic Focus

- Blood cells, tissues, and the heart.