

## 38a A&P: Lymphatic System and Immunity

### Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	<b>Reminders</b> 10 minutes before class begins display the reminders slide.
5	<b>Attendance and Breath of Arrival</b>
15	<b>AOIs:</b> Sartorius and tensor fasciae latae.
40	<b>Lecture:</b> <ul style="list-style-type: none"><li>• Anatomy and physiology (5m).</li><li>• Lymph (4m).</li><li>• Lymphatic vessels (6m).</li><li>• Lymphatic structures (10m).</li><li>• Lymph flow (10m).</li><li>• Immunity (5m).</li></ul>
60m	<b>Total Class Time</b>

### Learning Outcomes

- **Program Level:** Students realize how the understanding of the workings of this system is key to their credibility and effectiveness as therapists
- **Course Level:** Grasp the contributions of this system to the organism, and how massage affects the system
- **Class Level:**
  - Know the anatomy and physiology of the lymphatic system
  - Understand the workings of the immune function
  - Differentiate non-specific versus specific immunity

### Class Schedule – Student Preparation

- Trail Guide: Sartorius and tensor fascia latae.
- Salvo: Chapter 27
- Packet E: 75-78.
- RQ – Packet A: 171-172.

### Topic Focus

- A&P of lymphatic system.