



42a Quiz



42a Quiz Class Outline

5 minutes	Attendance, Breath of Arrival, and Reminders
25 minutes	42a Quiz
<u>30 minutes</u>	<u>Review</u>
60 minutes	Total



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Class Reminders

Assignments:

- 43a Swedish: Outside Massages (Packet A: 57-62)

Quizzes:

- 42a Quiz (35a, 36a, 37a, 38a, 39a, 40a, and 41a) **NOW!!!**
- 42b Kinesiology Quiz
 - (adductor magnus, gracilis, iliopsoas, sartorius, TFL, piriformis, quadratus femoris)
- 44a Quiz (33b, 37b, 41b, 42b, and 43a)

Practical Exam:

- 44b Integration Massage: Practical Exam (60-minute Swedish, Passive Stretches, and BMTs)

Preparation for upcoming classes:

- 43a Kinesiology: Synergists - Coxal and Tibiofemoral Joint Muscles
- 43b Integration Massage: Swedish, Passive Stretches, and BMTs
- 47b, 48b, 49b Pregnancy Massage: These classes cannot be made up in the make-up room. To schedule a sit-in, please contact the Student Administrator.



Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.



Classmarker

Grading your Quiz/Exam

- Classmarker will automatically grade your assignment and email you a copy of your completed test.
- Retakes. If you did not pass a test you may reserve space in the make-up room. If you are not making up hours, your time there will be at no cost. Retakes may be done at anytime before a student graduates. You may retake it for a grade up to a 70. These are done on paper copies.
- Please refer to your assignment grid on pages A: 29-32.



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