

44b Integration Massage: Practical Exam

Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	No transition Transition was done in class 44a.
10	Break Announce the return time and write it on the board.
	Attendance and Assignment of Graders
	<ul style="list-style-type: none"> Lead instructor assigns each grader a certain number of students to grade. Graders prepare their grading forms by filling in the students' names.
10	Interview and completing the first half of SOAP notes
	<ul style="list-style-type: none"> Lead instructor assigns 1 receiver to each giver by placing the receiver's clipboard on the giver's table and saying their name aloud. Receivers place their belongings under the tables of their givers. Givers conduct an interview while their respective graders observe. Graders will review and approve the S, O, and A sections of the SOAP notes before the giver can proceed with the practical exam.
	Receivers Undressing and Givers Stretching
	<ul style="list-style-type: none"> Once the grader has finished approving the completed S, O, and A sections of the SOAP notes, the giver can get the receiver on the table. Givers use the remaining time to warm up and stretch.
60	First Trade
	<ul style="list-style-type: none"> Instructor writes the start and end times on the board for all to see. All students begin and end the session at the same times.
10	Completion of SOAP notes
	<ul style="list-style-type: none"> All sections of the SOAP notes are completed by the giver. Date, names (first and last), and signatures must be correctly completed.
20	Reset the tables for the next session
	Break Announce the return time and write it on the board.
10	Interview and completing the first half of SOAP notes See above for details.
	Receivers Undressing and Givers Stretching See above for details.
60	Second Trade See above for details.
10	Completion of SOAP notes See above for details.
15	Tables undressed, cleaned, and put away
5	Circle up Review the "Reminders" for upcoming classes.
3h 30m	Total Class Time

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Learning Outcomes

- **Class Level:** Students perform and are graded on a 60-minute full body massage integrating Swedish, Passive Stretches, and BMT's.

Class Schedule – Student Preparation

- Prepare to perform a 60-minute full body massage integrating Swedish, Passive Stretches, and BMTs.

Class Schedule – Assignments and Exams

- 44b Integration Massage: Practical Exam
 - Packet A: 91-92 and 95-96.
 - Full SOAP notes as for 35b.
 - Date, first names, and last names on SOAP notes.
 - Signatures and date on Intake form.

Topic Focus

- To reinforce the principles and techniques of passive stretches and BMTs.
- Integrating Swedish, passive stretches, and BMTs into a cohesive session.

Thoughts, Advice, or Warnings

- Be clear and insistent about housekeeping behavior so that future classes can be focused on the new material instead of being distracted by how to properly setup, position, or clean a table.

Materials, Equipment, and Supplies

- PowerPoint presentation, packet, attendance book
- Computer, projector, projector remote, projector screen
- Whiteboard with dry erase markers and eraser