

## 5a A&P: Introduction to the Human Body - Cells

### Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	<b>Reminders</b> 10 minutes before class begins display the reminders slide.
5	<b>Attendance and Breath of Arrival</b>
15	<b>AOIs: Erector Spinae</b>
40	<b>Lecture</b> A&P: Intro to the Human Body - Cells
60m	<b>Total Class Time</b>

### Learning Outcomes

- Course Level: understanding of the human body.
- Class Level: first exposure to the study of A&P.

### Class Schedule – Student Preparation

- Trail Guide: erector spinae (spinalis, longissimus, iliocostalis).
- Salvo: Pages 382-390.
- Packet E: 1-6.
- RQ - Packet A-127.

### Topic Focus

- Definitions, levels of organization, cells, transport mechanisms, and metabolism.
- Begin laying groundwork for study of A&P.

### Materials, Equipment, and Supplies

- PowerPoint presentation, packet, attendance book
- Computer, projector, projector remote, projector screen, laser pointer
- Whiteboard with dry erase markers and eraser