



62b Deep Tissue: Touch Assessment



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Class Outline

Print out the Lesson Plan to see the timeline for this class.



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Class Reminders

ABMP Exam Coach

- “Access your ABMP account” using instructions on page A-74
- Familiarize yourself with ABMP Exam Coach, especially the “Study Subjects” section
- Preview the preparation assignments for MBLEx Prep classes (74a, 75a, 80a, 81a, 84a, 86a, 87a)

Assignments:

- 64b Executive Summary (due before the end of class)
 - Packet 23-24
 - Sections 1-3 to be done *before* this class. Section 4 will be done in class.
 - The completed Executive Summary to be handed in at end of class.
- 66a Review Questions (due before class starts)

Exams:

- 62b Deep Tissue: Touch Assessment **NOW!**

Quizzes:

- 67a Quiz (study material from classes 59a, 64b, and 65b)
- 67b Kinesiology Quiz (all 57 muscles covered so far)
- 68a Quiz (61a, 62a, 63a, 64a, 65a, and 66a)

Preparation for upcoming classes:

- 63a A&P: Digestive System
 - Packet E: 153-160.
 - RQ – Packet A: 200-201.
- 63b Integration Massage: Swedish, Passive Stretches, BMTs, and Deep Tissue
 - Packet D: 35-38.
 - Packet F – 58.



Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.



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Packet A: 85



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