

7a A&P: Introduction to the Human Body – Body Compass

Lesson Plan

<u>Minutes</u>	<u>Activity</u>
	Reminders 10 minutes before class begins display the reminders slide.
5	Attendance and Breath of Arrival
20	AOIs: Hamstrings (biceps femoris, semitendinosus, semimembranosus)
25	Lecture A&P: Intro to the Human Body – Body Compass
60m	Total Class Time

Learning Outcomes

- Course Level: understanding of the human body.
- Class Level: membranes and directional terminology

Class Schedule – Student Preparation

- Trail Guide: hamstrings (biceps femoris, semitendinosus, semimembranosus)
- Salvo: Pages 399-409.
- Packet E: 11-14.
- RQ - Packet A-129.

Class Schedule – Assignments and Exams

- 7a Review Questions. Due before class starts. See Packet A: 119-130, and A-113 for more info.

Topic Focus

- Membranes and directional terminology.

Thoughts, Advice, or Warnings

- Briefly review previous “A class” content for context.
- Use of drawing on white board to augment anatomy slides
- Frequent breaking down of words focusing on what their parts mean
- Frequent examples of ways to remember words that do not easily break down into known parts
- Periodic response moments as review by orally filling in the blanks

- Calling for students to pronounce words aloud in unison
- Use of analogies from textbook and within PPT
- Frequent inclusion of individual students by name in analogies and games, stories, etc.