# 89a Practice MBLEx

## 89a Practice MBLEx Class Outline

5 minutes	Attendance, Breath of Arrival, and Reminders	
120 minutes	Exam (2 hours and 40 minutes)	
25 minutes	Exam review	

2.5 hours Total

## 89a Practice MBLEx Class Reminders

#### Exams:

• 89a Practice MBLEx NOW!!!

#### Quizzes:

- 90a Kinesiology Quiz
- (erectors, multifidi, rotatores, quadratus lumborum, levator scapula, trapezius, splenius capitis, splenius cervicis, and semispinalis capitis)
- 91a Kinesiology Quiz
- (gluteals, hamstrings, gastrocnemius, TFL, quads, tibialis anterior, peroneus longus, peroneus brevis)

#### Preparation for upcoming classes:

- 90a Kinesiology Quiz
  - 25 questions in 20 minutes.
  - Packet A-73.
- 90b Kinesiology: Palpation Posterior Back and Neck
  - Lauterstein: Chapter 7.
  - Lauterstein: Pages 140-142 and 166-171.

### **Classroom Rules**

#### **Punctuality** - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

#### The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.

Grading

Questions 1-25 are worth 10-points.

\_\_\_\_\_ (# of questions correct) x 10 = \_\_\_\_\_ points out of 250 possible points

Questions 26-50 are worth 7-points.

\_\_\_\_\_ (# of questions correct)  $\bar{x}$  7 = \_\_\_\_\_ points out of 175 possible points

Questions 51-75 are worth 5-points. \_\_\_\_\_(# of questions correct) x 5 = \_\_\_\_\_ points out of 125 possible points

Questions 76-100 are worth 2-points. \_\_\_\_\_ (# of questions correct) x 2 = \_\_\_\_\_ points out of 50 possible points

Base points: 300 + \_\_\_\_ + \_\_\_ + \_\_\_ = \_\_\_ points out of 900, which is \_\_\_% (see below)

900-892 = 100%	810-802 = 90%	720-712 = 80%	630-622 = 70%
891-883 = 99%	801-793 = 89%	711-703 = 79%	621-613 = 69%
882-874 = 98%	792-784 = 88%	702-694 = 78%	612-604 = 68%
873-865 = 97%	783-775 = 87%	693-685 = 77%	603-595 = 67%
864-856 = 96%	774-766 = 86%	684-676 = 76%	594-586 = 66%
855-847 = 95%	765-757 = 85%	675-667 = 75%	585-577 = 65%
846-838 = 94%	756-748 = 84%	666-658 = 74%	576-568 = 64%
837-829 = 93%	747-739 = 83%	657-649 = 73%	567-559 = 63%
828-820 = 92%	738-730 = 82%	648-640 = 72%	558-550 = 62%
819-811 = 91%	729-721 = 81%	639-631 = 71%	549-541 = 61%



## Exam

### When Class Begins

- Take attendance and do Breath of Arrival.
- Have students clear their desks but keep their devices out.
- Answer any questions they may have.
- When you begin the exam, write the start and end times on the board (10a Exam is 40 minutes max).
- Students should remain on campus. Should all students finish early, class will resume at that time.
- Any student suspected of cheating MUST be immediately asked to collect their belongings and leave the room. If possible, the student must go talk with Mark Dauenhauer immediately.



## Exam

### **Exam Information**

- The exam will last no longer than \_\_\_\_\_ minutes.
- The questions are complete as written.
- No further information will be given.
- Scrap paper and ear plugs are available.
- Keep ClassMarker open until you are finished.
- Go hang out in the student lounge or picnic area, I'll come get you when its time.
- This exam is given on the honor system. Do your own work.
- If you are suspected of cheating, you will be immediately asked to collect your belongings and leave the room.



# Exam

### When time has passed

- Call the students back into the classroom
- Record their grades
- View the statistics (blue button) by question and review most of the questions that were not answered correctly by 50% of the class.
- Open the floor to questions about the written exam content

# 89a Practice MBLEx