



87b Orthopedic Touch Assessment



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Class Outline

Print out the Lesson Plan to see the timeline for this class.



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Class Reminders

Exams and Quizzes:

- 89a Practice MBLEx
- 100 Questions in 120 minutes
- 90a Kinesiology Quiz
(erectors, multifidi, rotatores, quadratus lumborum, levator scapula, trapezius, splenius capitis, splenius cervicis, and semispinalis capitis)
50 questions in 40 minutes
- 94a Kinesiology Quiz
See syllabus for list of muscles to review
75 questions in 60 minutes

Preparation for upcoming classes:

- 88a Deep Massage History
- 88b Deep Massage Introduction
- 89b Chair Massage, BMTs, Passive Stretches, and Side-lying Massage
 - 2-hour class.
 - Packet A-73..



Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.



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62b Deep Tissue: Touch Assessment

Packet A: 85



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