



## 68b Scenario Role Play Message



# 68b Integration Massage: Receiver's Choice

## Class Outline

15 minutes	Break
5 minutes	Attendance, Partner Assignments, Role Play Draw
75 minutes	1 <sup>st</sup> trade and complete SOAP notes
20 minutes	Break and switch tables
5 minutes	Role Play Draw
75 minutes	2 <sup>nd</sup> trade and complete SOAP notes
<u>15 minutes</u>	<u>Break down, clean up, and discussion</u>
3 hours and 30 minutes total	



# 68b Role Play Scenarios Massage

## Class Reminders

### **Exams:**

- 70a Exam

### **Special Reminder:**

- 71b Sports Massage: Technique Demo and Practice – Pre-Event and Post-Event
  - Please wear athletic clothing to this class.
  - You will be giving and receiving several 10-minute pre- and post-event massages in an athletic context

### **Preparation for upcoming classes:**

- 69a History of Massage: Modalities
  - Packet F: 101-104.
- 69b History of Massage: Bodywork Tree and Demo
  - Packet F: 105-108.



# Classroom Rules

**Punctuality** - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

**The following are not allowed:**

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

*You will receive one verbal warning, then you'll have to leave the room.*



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## Class Reminders

### 1<sup>st</sup> Trade:

- Assign partners
- Make up the table
- Receiver gets one of the scenario cards
- Giver does the intake based on the Receiver's scenario; writes down scenario #
- 60 – minute massage is performed
- SOAP notes are completed
- SOAP notes are turned in to the Instructor
- SOAP notes will be reviewed / returned to Givers within two class periods

### 2<sup>nd</sup> Trade:

- Partners change roles as Givers/Receivers
- Receiver gets one of the scenario cards – make sure it is different from the first trade
- Giver does the intake based on the Receiver's scenario; writes down scenario #
- 60 – minute massage is performed
- SOAP notes are completed
- SOAP notes are turned in to the Instructor
- SOAP notes will be reviewed / returned to Givers within two class periods



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