



86a MBLE_x PREP



86a MBLEx PREP

5 minutes

Attendance, Breath of Arrival, and Reminders

55 minutes

MBLEx Review

60 minutes total



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Class Reminders

Spot Checks and Assessments:

- 87b Orthopedic touch Assessment

Exams and Quizzes:

- 89a Practice MBLEx
- 100 Questions in 120 minutes
- 90a Kinesiology Quiz (erectors, multifidi, rotatores, quadratus lumborum, levator scapula, trapezius, splenius capitis and cervicis, semispinalis capitis)

Assessments:

- 87b Orthopedic Touch Assessment

Preparation for upcoming classes:

- 86b Orthopedic Massage: Technique review and Practice – Neck Pain
- 87a MBLEx Prep



Classroom Rules

Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

The following are not allowed:

- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.



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**See Kahoot! 86a
or
MBLE_x Prep Jeopardy!**



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