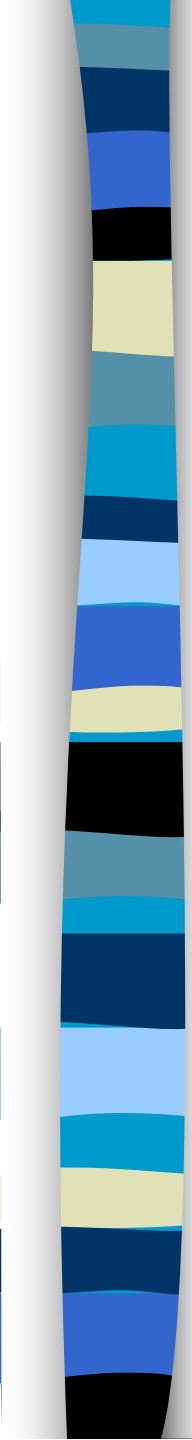


84a Kinesiology Quiz and MBLEx PREP

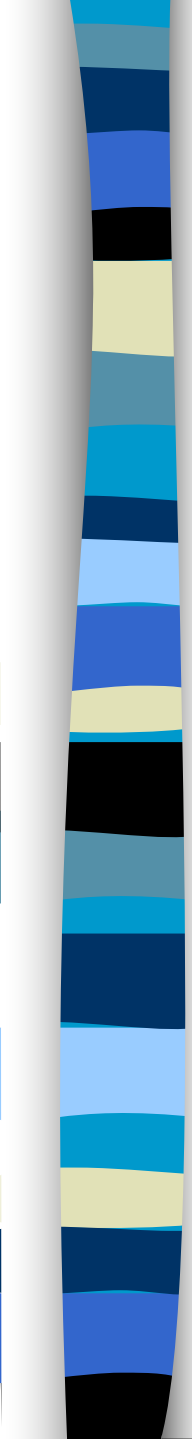


84a Kinesiology Quiz and MBLEx PREP

5 minutes Attendance, Breath of Arrival, and Reminders

55 minutes MBLEx Review

60 minutes total



84a Kinesiology Quiz and MBLEx PREP

Class Reminders

Final Warning:

- 85a Orthopedic Massage: Outside Massages – Finish these now!

Quizzes:

- 84a Kinesiology Quiz (pectoralis major, pectoralis minor, coracobrachialis, biceps brachii, sternocleidomastoid, scalenes, rotator cuff, flexor digitorum superficialis, extensor digitorum, Flexor pollicis longus, and flexor digitorum profundis) – **NOW!!**
 - 50 questions in 40 minutes

Spot Checks and Assessments:

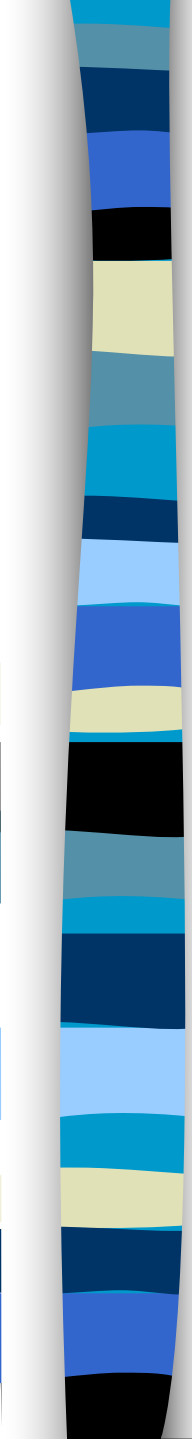
- 84b Orthopedic Massage: Spot Check – Thoracic Outlet
- 87b Orthopedic touch Assessment

Assignments:

- 85a Orthopedic Massage: Outside Massages (2 due at the start of class)

Preparation for upcoming classes:

- 84b Orthopedic Massage: Spot Check – Thoracic Outlet
- 85a Orthopedic Massage: Introduction – Neck Pain
 - Packet J: 109-112
- 85b Orthopedic Massage: Technique Demo and Practice – Neck Pain
- 86a MBLEx Prep – Special Populations – all 7 topics
- 86b Orthopedic Massage: Technique review and Practice – Neck Pain
- 87a MBLEx Prep



Classroom Rules

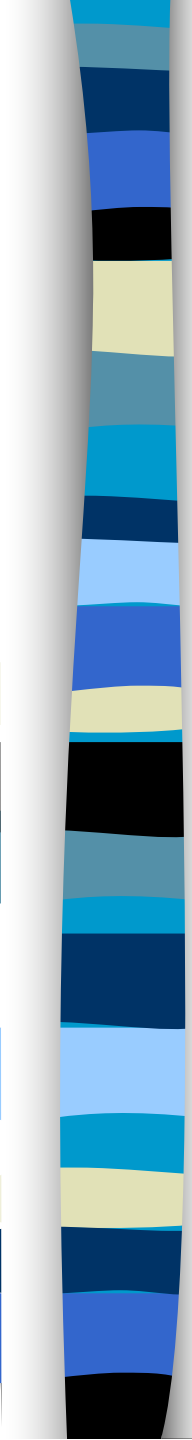
Punctuality - everybody's time is precious

- Be ready to learn at the start of class; we'll have you out of here on time
- Tardiness: arriving late, returning late after breaks, leaving during class, leaving early

The following are not allowed:

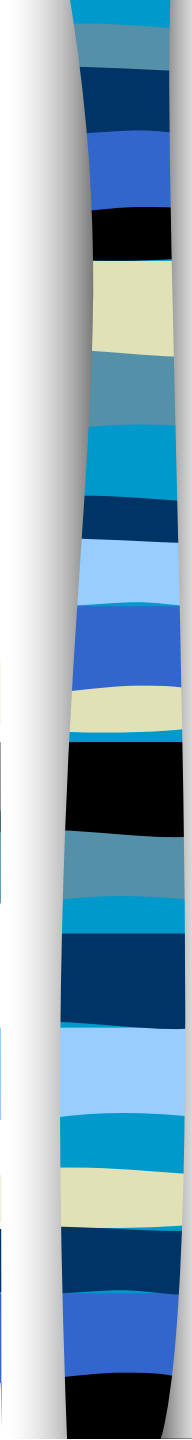
- Bare feet
- Side talking
- Lying down
- Inappropriate clothing
- Food or drink except water
- Phones that are visible in the classroom, bathrooms, or internship

You will receive one verbal warning, then you'll have to leave the room.



84a Kinesiology Quiz and MBLEx PREP

See Kahoot! 84a



84a Kinesiology Quiz and MBLEx PREP